



# HEART & HOME

MAY '26

**PURPOSE** We want to help parents and kids create Jesus-sustained **Hearts** so that when families leave church, it can be the same at **Home**.

## VOLUNTEER BLURB



It's no small feat to ask kids to sit still and stay quiet through an entire church service. I remember when my own fidgety little ones were in the pews happily singing along one moment, and then, as soon as the sermon began, suddenly discovering just how many ways there are to wiggle, whisper, and test the acoustics of a dropped sippy cup.

That's part of why I love serving our F Street Neighborhood Church family by spending one service each month in the nursery with your delightful kiddos. It gives you a chance to be fully present in the service without keeping one ear tuned for the unmistakable sound of a pacifier or box of crayons dropping to the floor.

Upstairs, we stay busy with plenty of imagination. I'm especially fond of the creative "meals" prepared in the toy kitchen; broccoli chocolate hamburgers are a particular favorite!

It's truly a joy to spend that time with your children and be a small part of their Sunday experience.

## MEMORY VERSE

"O, Lord, you have examined my heart and know everything about me." -Psalm 139:1

## LAST NIGHT OF F STREET YOUTH

May 5<sup>th</sup> is the last night of F Street Youth as we break for the summer!

## BOOK BORROW LIBRARY

Heart & Home Family Ministry has a section at the back of the church where you can borrow the book we recommend in our newsletters. Take one to read and bring back when you're done!

## MEMORY VERSE DEVO

As we continue to grow and learn more about the world, we are constantly influenced by our surroundings. So, that can leave us in a constant state of change as we live out our lives, which can be scary, as there would be no one person on this earth who knows us to the fullest. Psalm 139:1 shares that the Lord examines our hearts and knows everything about us. One of humans' biggest fears is being unknown and being unloved. Despite our sinful nature, God knows us to our very core and still loves us. Whenever you recite the memory verse this month, remember there is one person who knows you best because He loves you the most.

## RECOMMENDATIONS

**"BOUNDARIES with kids"** by Dr. Henry Cloud & Dr. John Townsend  
"Boundaries with kids help us give our kids the skills they need to live realistic and full lives in meaningful relationships. Not perfect -but healthy!" -President of MOPS International, Inc.

## THIS MONTH LESSONS

### JOURNEY GROUP:

May 3: God Saves Shadrach, Meshach, & Abednego

May 10: God Saves Daniel

May 17: God Gives Jonah a Second Chance

May 24: John: Jesus is coming, and John the Baptist Prepares the Way

May 31: **No Journey Group, Nursery Open**

### QUESTIONS FOR DISCUSSION:

1. What did you learn about?
2. Was there something you didn't understand?
3. How can you share this with others?

Stay tuned for the next Family Ministry event this summer!