



HEART & HOME

APRIL '26

PURPOSE We want to help parents and kids create Jesus-sustained **Hearts** so that when families leave church, it can be the same at **Home**.

VOLUNTEER BLURB



My name is Sara Butler. I've been attending F Street for several years now with my husband, Andy, and daughter, Penny. We were a part of Jacob's Well originally, so we have been around a while. I love so many things about this church. One of those things is the call to serve.

I'm a part of a few teams, but I really enjoy serving in the nursery and have been doing so for the last 4 years. It's great for someone like me who doesn't love to be front and center. It provides a way for families to attend church together and allows parents to participate in the service without distraction. Becoming a mom showed me the importance of a good nursery at church, and I want to be a part of providing that now. I think the Bible makes it clear how we should feel about children and the importance of family, and I carry that with me when I serve in the nursery. Plus, what's easier than hanging with babies and toddlers. And they are so funny!

MEMORY VERSE

"God showed how much he loved us by sending his one and only Son into the world so that we might have eternal life through him."

- 1 John 4:9

5TH GRADERS NIGHT!

On April 21st 7p-8:30p 5th graders are invited to check out F Street Youth and get prepared for next fall!

THIS MONTH LESSONS

JOURNEY GROUP:

- Apr 5: **Easter Lesson:** Jesus Dies and Comes Back to Life
- Apr 12: God's plans for Job
- Apr 19: God is David's shepherd
- Apr 26: God chooses Jeremiah

YOUTH GROUP:

- Apr 7: What happened after Jesus was crucified?
- Apr 14: Prayer Night
- Apr 21: TBD
- Apr 28: TBD

QUESTIONS FOR DISCUSSION:

1. What did you learn about?
2. Was there something you didn't understand?
3. How can you share this with others?

BOOK BORROW LIBRARY

On Sunday, April 5th, Heart & Home Family Ministry will have a section at the back of the church where you can borrow the book we recommend in our newsletters. Take one to read and bring back when you're done!

MEMORY VERSE DEVO

We often are satisfied with using words to communicate to someone that we love them. But, if I asked you, "How do you know someone loves you?" I would bet that you would start telling me about their actions toward you. For example, you might say that you know your grandparent loves you because they make cookies with you or read you your favorite stories. When it comes to love, words are not enough! That's why God showed us with action how much He loves us. The ultimate way of telling us He loves us was sending Jesus to earth to take our sins from us and give us eternal life through believing in Him. God did not just give us the words, "I love you." He showed us with the ultimate action.

RECOMMENDATIONS

Book

***The Anxious Generation* by Jonathan Haidt**

Have you struggled to understand the thought process and rise of mental illness in this generation? This book shares about "the great rewiring" which happened around 10 years ago. It then offers an in-depth look at the causes and what might be some solutions and ways to combat these possible harms.

UPCOMING EVENTS

- Apr 24 - Nerf Gun Battle (Youth)
- May 2 - Camp Solaris (Youth)
- May 5 - Last night of F Street Youth