



# HEART & HOME

DECEMBER '25

**PURPOSE** We want to help parents and kids create Jesus-sustained Hearts so that when families leave church, it can be the same at Home.

## STAFF BLURB



Hi there, my name is Willow Bernadt. I am originally from Johnston, Iowa, and got involved with F Street Neighborhood Church through their Immerse program years ago. What was supposed to be

three months have turned into 3 years here in Lincoln. I currently work as the Art Chapel Director here at F Street Church, but am also involved with Journey Group and Youth Group. I have always had a passion for working with kids. I love to see how their creative minds work, how they view the world, and I love to teach them about Jesus. That's why I decided to volunteer with the Journey Group, so that I could continue to teach kids about Jesus in some pretty fun and creative ways.

## THIS MONTH LESSONS

### JOURNEY GROUP:

- Dec 7: God wins Joshua's battle at Jericho
- Dec 14: God sends Deborah to help Barak
- Dec 21: Christmas lesson: Jesus is born
- Dec 28: NO JOURNEY GROUP or NURSERY

### YOUTH GROUP:

- Dec 2: Christmas Story
- Dec 9: Christmas Story
- Dec 16: Christmas Party (Last night till break)

### QUESTIONS FOR DISCUSSION:

1. What did you learn about?
2. Was there something you didn't understand?
3. How can you share this with others?

## UPCOMING EVENTS

Dec 5 - Christmas In Five Letters

## RECOMMENDATIONS:

### Bible Study

Kids' Bible Experience 30-day challenge on the YouVersion app

About the plan: This plan will provide daily engagement with God's word, one of the clearest indicators of faith that lasts. Each day includes a prayer you can pray together.

## MEMORY VERSE DEVO

To sum up Joshua's life at this time, the word "chaotic" fits perfectly. Moses had just died, and now Joshua is the new leader of Israel. He's overwhelmed with challenges and responsibility, with a nation under his control. He then receives this command from God "be strong and courageous! Do not be afraid or discouraged. For the Lord your God is with you wherever you go." God recognizes that life is hard. No matter what age you are, we can all quickly feel overwhelmed. Maybe it's school, a job, friends, parenting, etc., the world can be a heavy weight. But God continually reminds us that he is with us and that we don't carry that weight alone. So go be strong and courageous because God is with us!

## MEMORY VERSE

"For the Lord  
your God is  
with you  
wherever you  
go." Joshua 1:9

## SPECIAL EVENT Christmas in Five Letters

Get ready to experience Christmas in a whole new way this year as a family! This event is on Friday, December 5th, from 6PM - 7:30PM!

This is a self-paced and parent-guided event featuring seven interactive stations, where you and your children will explore God's amazing love and celebrate the birth of Christ, our Savior!

For the sake of planning, please fill out this form or find a sign-up sheet at the greeting table or entryway table!

