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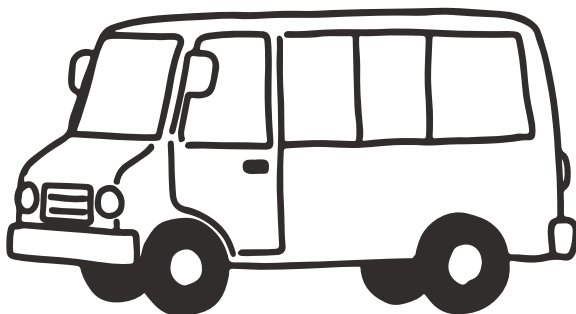
THE NEXT DOOR NEIGHBOR

Transportation Driver Needed

TAD STYKER, ELDER

The Transportation Team is a vital part of our church. Would you like to join? Friendliness, dependability, steadiness and good vision are some of the requirements to be a Transportation Team member.

If interested & want to know the qualifications, please call or text Tad Stryker at 402-802-0597.



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The Practice of Solitude

BILL THORNTON, TEACHING PASTOR

A few months ago, I began a series of articles for our church newsletter that is inspired by a book I read earlier this year entitled *Practicing the Way*, written by John Mark Comer. My intention in writing these pieces has been to encourage us to consider implementing what he calls the “The Nine” into our habits of daily life.

Today I would like to take a few moments for us to consider the practice of Solitude which is regarded by many as the most foundational of all the practices of Jesus. Henri Nouwen wrote,

“Without solitude it is virtually impossible to live a spiritual life.”

In this article I would like to share one of the ways that I seek to find solitude, and the accompanying quiet, that fosters a sense of spiritual closeness between the Lord and me. I discovered this rather unexpectedly when I began the discipline of taking a daily walk several months ago. Initially, I did so for what I thought would be the mental and physical benefits of going outdoors and moving around. I have not been disappointed. What I did not expect, but have since discovered, is that my daily walk has also provided the time and space to foster a renewed closeness to God.

During my walk I can unplug from the world. Although I must admit that Marcia has insisted that I keep my phone with me, in case I get into trouble. Probably a wise thing to do given my age and personality! That exception noted, I have not only found my mind and body refreshed, but I have also found my spirit renewed as I see God’s handiwork in nature, count God’s blessings, pray for loved ones, and greet neighbors, all while walking.

In a world that can be crowded, and even loud; I invite you to go for a walk and see what God can do with your mood and perspective. And...if walking is not your thing, I encourage you to find a way to be alone with God, if only for a short time each day, that will allow this primary life relationship to grow in its depth and quality.

Today, let us all take the next step in our relationship with Jesus by being intentional about the practice of solitude.

A big “Thank You”

HANNAH WEHMEYER, BENEVOLENCE DIRECTOR

Thank you, F Street church family and supporters, for giving money and allowing the benevolence ministry to happen. I have some good news and some bad news for you.

The good news is that F Street has been able to help a great number of neighbors and community members with paying bills and making rent payments, as well as give out many gas vouchers and bus passes--so many that we have run out of funds for giving for the month (that's the bad news).

This means that word is getting around about F Street being a church that shares its resources. More and more people are coming in because of first hand referrals from friends and family. This matters because everyone that comes in for assistance is asked for their prayer requests and offered prayer on the spot. Not all accept the offer, but most do. I'm adding this in to emphasize the responsibility we have to help not just financially, but in the invisible battle of prayer for souls that are struggling. Because of your financial generosity, many folks in our area of town are also being prayed for who wouldn't be otherwise.


It has been necessary for me as of late to turn folks down due to the absence of funds. I find myself struggling to ask how we can pray for people when we are not able to tangibly help them first. Don't take me wrong, prayer can and will do more than money can for a soul. But when a hungry person comes and asks for bread and we have no bread for them, how can we share God's love with them? It's a bit of a storm to navigate through.

I would now like to remind you that F Street gives 10% of its local giving to the benevolence fund as an act of obedience to what God calls us to do with our money. When you give money to F Street, you are in part sharing with the folks around us whom are in need. This is a blessing beyond words for many of the recipients, a blessing that I believe and have seen that many receive God's love through. May this encourage us to all keep being generous.

One final thought before I let you go on your way: if you feel so led, you are welcome to donate straight to the benevolence fund. That means that 100% of your giving will go to our neighbors in need. As always, if there are questions on how the benevolence ministry works or if you have any point of conversation that you wish to share, you may call the church at 402-435-3673 and leave a message for Hannah, or you can email me at benevolence@fstreetchurch.org.

Thank you again, F Street! It is a joy to be on this journey with you all.


with Brody



**6pm
to
8pm**

Atlas office

Mentor Training



Atlas: Lincoln

ARE YOU INTERESTED IN WALKING WITH THE HURTING IN OUR CITY?

ATLAS EXISTS TO SERVE THE PEOPLE OF LINCOLN THROUGH LOCAL, INTENTIONAL, AND RELATIONAL CHRIST-BASED PEER-SUPPORT.

Ecclesiastes 4:9-10 says, "Two are better than one, because they have a good return for their labor. if either of them falls down, one can help the other up. but pity anyone who falls and has no one to help them up."

Join us for a hands-on workshop to learn a simple framework for loving our neighbors when they fall down.

Interested in helping someone?
Interested in making a new friend? Feel a burning passion to be a good neighbor?

Think about becoming a mentor with Atlas: Lincoln! Brody, Executive Director is hosting a Mentoring Training July 2nd, 2025 from 6PM-8PM at the Atlas office!

Summer Splash Family Camp

WILLOW APPEGATE, ART CHAPEL DIRECTOR

The Art Chapel is so excited to be hosting the first ever SUMMER SPLASH Family camp in July. We see this as a great opportunity to lead families through reading scripture together, create some fun crafts, and cool off with some water themed games!

Parents, you are your kids biggest role model. They look up to you. And this is why it is so important to keep Christ centered in the home, and to have daily conversations about God with your kids. We hope that SUMMER SPLASH is a chance to show families that reading scripture and learning about God as a family can be easy and fun!

If you feel led to give, you can donate at <https://www.artchapelink.org/donate> to help our SUMMER SPLASH be all that it can be, to best support and raise up our families.

We can't wait to make a SPLASH this summer!

Transform Your Finances: Group Coaching Class

BETH HEERSPINK, TLC COACH

Are you sick of feeling broke? Are you tired of debt? Do your finances feel out of control? Are you ready to make changes in how you view money, spend money, and save money? This group will empower you to make changes and will provide support within a group context. We will meet at Transformed Life Coaching at 1037 S. 13th Street.

A light lunch will be provided each week.

Here's the Schedule:

- Thursday, August 14, 12:00-1:00:
 - Skill #1: Developing a Biblical View: Stewardship and Trust
 - Thursday, August 21, 12:00-1:00:
 - Skill #2: Discipline: Saying No to Myself
 - Thursday, August 28, 12:00-1:00:
 - Skill #3: Tracking: Managing and Designating My Income
 - Thursday, September 4, 12:00-1:00:
 - Skill #4: Saving: Establishing an Emergency Fund
 - Thursday, September 11, 12:00-1:00:
 - Skill #5: Dealing with Debt: Changing my Mentality
 - Thursday, September 18, 12:00-1:00:
 - Skill #6: Making a Plan: Transforming my Relationship with Money
-
- Register today at www.transformedcoaching.org
 - Location: 1037 S. 13th Street (upstairs office)
 - Cost: \$10 (use code "Scholarship" if you need financial assistance to take this class).

Email TLC@fstreetchurch.org if you have any questions.

When ‘Just Pray Harder’ Isn’t Working: The Trellis Part 1

RJ COBURN, PASTOR

I did it again, I lost my temper at my son again. If you are like me, you know the drill. I promised my son, God, and even myself that it won't happen tomorrow. Maybe I need to pray harder. Maybe read more scripture or add some worship music to the morning routine.

Two days later, we're yelling about homework and feeling like a spiritual failure.

What nobody tells us in church is that sometimes willpower dressed up as prayer is still just willpower. And willpower has the win rate of one of those gas station "skill" slot machines. You may have a few wins, but ultimately, it's a net loss.

Paul understood this very human struggle. He says, "I do not do the good I want, but the evil I do not want is what I keep on doing" (Romans 7:19).

Moving toward real change isn't trying harder. It's admitting that whatever you've been trying isn't working. That your life has become unmanageable in this area and you do not have the power to fix it on your own.

Jesus called this "poverty of spirit" and said it was blessed (Matthew 5:3). Not pathetic. Blessed.

This feels like giving up. It's not. It's finally getting honest about the size of the problem.

When we stop pretending we can manage our sin through spiritual discipline alone, something shifts. We create space for God to do what only God can do. We move from self-improvement projects to actual transformation.

The prayer changes too. Instead of "Help me try harder," it becomes "I can't do this. You're going to have to."

That's where hope actually lives.

Does Success require ignorance?

BETH HEERSPINK, TLC COACH

“Success requires the right combination of ignorance and confidence.” When I heard this quote on the radio, it made me stop in my tracks. Is that really true? I immediately began evaluating the theory. When have I witnessed a measure of success? The first thing that popped into my head was Transformations Thrift Store at the corner of 14th and B Street. I remember sitting around with a small group of people from F Street Church, dreaming about how beneficial it would be to have a thrift store in the neighborhood. “Let’s do it!” We decided. How hard could it be? Very, very hard. But we didn’t know (ignorance). We just believed we could do it (confidence). I wonder where faith and God’s calling fit into the mix. Faith says, “I can’t do it. But God can.” As we get older, I wonder if we get “wiser” (less ignorant) and also less willing to take risks (less confident). As a result, we become less willing to step out in faith, though in theory we should be more equipped to do so. This is unfortunate, because “without faith, it is impossible to please God (Hebrews 11:6).”

What does success mean to you?

Where have you experienced “success”? How did confidence, ignorance, and faith play a role?

What new things does God want to do through you?

Upcoming Opportunities:

At Transformed Life Coaching, we walk along individuals who are striving for “success”—transforming relationships to honor God! Consider the following opportunities:

- Transform Your Finances—6-week class, beginning Thursday, Aug. 14 @ 12p
- Coaching Workshop—4 Weeks on Zoom, Thursday evenings, beginning Oct. 2 @ 6p
- 1:1 Coaching—Want accountability and support? We have trained coaches who are available to meet with you!

Check out our website at <http://www.transformedcoaching.org> for more information!

Missionary Corner

Prayer Requests

If you have any prayer requests, please fill out the back of the communication card or come up to the front after church service.

Up to Date

To keep information up to date, please fill out a communication card or email Hollie at hollie@fstreetchurch.org

Email Updates

To be added to regular email updates about the church, email fstreetchurch@gmail.com

6/19/25 - The Howells

Dear friends,

Greetings from Nebraska!

We have been in Nebraska for nearly 2 weeks and are grateful to have connected with many of you already. We are also thankful for some sweet cousin time for the kids, and times to connect with both of our families.

- Thank you for your prayers for our family while we are out of our normal routines. These times can be difficult for the little ones who have to display a lot of flexibility.
- Please also keep praying for our family as we process the past 2 years in ministry, try to rest, while also meeting many people and preparing for the upcoming year. We have experienced the power of prayer and know that it is easy to pause prayers for missionaries when they are off the field. It's times like these that Satan tries to attack.

Thank you for standing with us,

The Howells



JULY

2025

SUN	MON	TUE	WED	THU	FRI	SAT
29	30	1	2	3	4	5
Block Party 10:30am - Sunday Service	1 Chr 24-27 6-9pm - Open Studio	1 Chr 28-29 2 Chr 1 6:30am - Prayer	2 Chr 2-5 6:30pm - Celebrate Recovery	2 Chr 6-7 5:30pm - FoodNet	2 Chr 8-11	
6	7	8	9	10	11	12
10:30am - Sunday Service	2 Chr 12-16 6-9pm - Open Studio	2 Chr 17-19 6:30am - Prayer 6pm - Family Camp	2 Chr 20-23 6:30pm - Celebrate Recovery 6pm - Family Camp	2 Chr 24-25 5:30pm - FoodNet 6pm - Family Camp	2 Chr 26-28 6pm - Family Camp	1:30pm - Art Chapel Class
13	14	15	16	17	18	19
10:30am - Sunday Service	2 Chr 29-31 6-9pm - Open Studio	2 Chr 32-33 6:30am - Prayer	2 Chr 34-36 6:30pm - Celebrate Recovery	Ezra 1-4 5:30pm - FoodNet	Ezra 5-7	1:30pm - Art Chapel Class
20	21	22	23	24	25	26
10:30am - Sunday Service	Ezra 8-10 6-9pm - Open Studio	Neh 1-3 6:30am - Prayer	Neh 4-6 6:30pm - Celebrate Recovery	Neh 7-9 5:30pm - FoodNet	Neh 10-11	1:30pm - Art Chapel Class
27	28	29	30	31	1	2
Block Party 10:30am - Sunday Service	Neh 12-13 Esther 1 6-9pm - Open Studio	Esther 2-5 6:30am - Prayer	Esther 6-9 6:30pm - Celebrate Recovery	Esther 10 Job 1-5 5:30pm - FoodNet	Job 6-10	

Birthdays

3rd - Rich Wehmeyer
7th - Carrie Martinez
 Gracia Hansen
9th - Beth Heerspink
 Shadoe Sukstorf
 Kim Gregg
13th - Jacki Knapp
15th - Julie Pfeifer
22nd - Debi Crisler
23rd - Danielle Mayfield
25th - Austin Milloe
26th - Vic Johns
27th - Joshua Smallfoot
28th - Andy Butler
29th - Jayla Huff
30th - Mikenna Johnson

Anniversaries

12th - Wilson & Beverly Hill