

# The Word on the (F) Street



## Deeper: Confession Jeff Heerspink, Pastor

This month the spiritual discipline that we will be focusing on is “confession.” It is funny to me how critical we can be of our Catholic friends over the practice of confession. As my friends in recovery like to say, “Secrets keep you sick.” The Bible does speak to the importance of confession, not just to God, but to one another, “*Confess your sins to each other and pray for each other so that you may be healed.*” (James 5:16) This clause on the end of it, so Maybe our friends in re-

**Some of the...outcomes of confession...are that we create accountability.**

St. Alphonsus Liguori wrote, “*For a good confessor: an examination of conscience, sorrow, and a determination to avoid sin.*” This should remind us of

the word, “repentance.” There is the recognition of sin, the sorrow for sin, and the turning from sin. Let’s be clear, Jesus spoke often of our need, not only to believe, but to repent.

Some of the great outcomes of confession (this is a short list beyond it is simply biblical) are that we create accountability. If you are like me at all, it is easy to tell ourselves that we will stop something, preferring not to say it to others as then you are accountable. I recently made a confession that I was going to do something - before the entire church. I clearly know that I need to continue doing this work, as anyone there that morning can ask me at any time if I have made the calls. I am accountable.

Another great outcome is that it gives us the privilege to receive forgiveness. I know it is the forgiveness of God that we need for salvation but sometimes, as the little girl said to her mother, “I need Jesus with skin on.” There is truth in the priesthood of all believers, and there is a role that we play in offering forgiveness. I recently was reminded of a story at F Street Church, where someone had stolen from another individual in our community. The offender was encouraged to come back to church, and she finally did. When the person, she had taken advantage of, gave her a hug, she felt not only his forgiveness but the forgiveness of God in that moment.

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## History of Ancient Israel: Overview and Introduction to the Old Testament

**Bill Thornton, Teaching Pastor**

This twelve-week study, for those high school age and older, begins Monday, September 12<sup>th</sup>. Students will have an opportunity to look at how the Old Testament fits into the Bible’s overall story, and the course will also help students develop skills to study and interpret the Bible. The following is a schedule of class sessions this fall.

### Calendar for September 2022

- 1st: 5:30pm FoodNet; **Happy Birthday Thomas Bornemeier**
- 3rd: **Happy Birthday Miriam Connett**
- 4th: Sunday Service; **Happy Birthday Carylton Gable**
- 6th: 6:30am Prayer; **Happy Birthday Ian Shada**
- 7th: 6:30pm Celebrate Recovery; **Happy Birthday Sherry Carter**
- 8th: 5:30pm FoodNet
- 9th: **Happy Birthday Allen Hayward**
- 10th: **Happy Birthday Stephanie Casarez**
- 11th: Sunday Service
- 13th: 6:30am Prayer; **Happy Birthday Hollie Sell**
- 14th: 6:30pm Celebrate Recovery; **Happy Birthday Kevin West**
- 15th: 5:30pm FoodNet
- 18th: Sunday Service
- 20th: 6:30am Prayer
- 21st: 6:30pm Celebrate Recovery
- 22nd: 5:30pm FoodNet; **Happy Birthday John Knapp, John Logsden**
- 25th: Sunday Service; **Happy Birthday Amanda Fuller**
- 26th: **Happy Birthday Elia Heerspink**
- 27th: 6:30am Prayer
- 28th: 6:30pm Celebrate Recovery
- 29th: 5:30pm FoodNet; **Happy Birthday Robin David**

*Please keep us up to date on birthdays & anniversaries! If you aren't sure that we have your information, talk to Jane Mailand or simply fill out a Welcome Card and hand it to her. In addition, if your address, phone, or email has changed, let Jane know.*

September 12<sup>th</sup>...Introductory Matters  
 September 19<sup>th</sup>...Pentateuch, Part 1  
 September 26<sup>th</sup>...Pentateuch, Part 2  
 October 3<sup>rd</sup>...Pentateuch, Part 3  
 October 10<sup>th</sup>...Historical Books, Part 1  
 October 17<sup>th</sup>...Historical Books, Part 2  
 October 24<sup>th</sup>...Historical Books, Part 3  
 October 31<sup>st</sup>...No Class (Halloween)  
 November 7<sup>th</sup>...Wisdom Literature, Part 1  
 November 14<sup>th</sup>...Wisdom Literature, Part 2  
 November 21<sup>st</sup>...Major Prophetic Books, Part 1  
 November 28<sup>th</sup>...Major Prophetic Books, Part 2  
 December 5<sup>th</sup>...The Book of the Twelve (Minor Prophetic Books)

In addition, it is our plan to offer the course, History of Early Christianity: Overview and Introduction to the New Testament, during the Spring semester of 2023. In order to offer these Bible classes, the Lincoln School of Ministry will be taking a break this school year. Contact Pastor Bill for more information about these courses, and/or to sign-up for these opportunities.

## Team Leaders **Jeff Heerspink, Pastor**

We are excited to have a full range of teams and Team leaders that help to make F Street Church ministry possible. Following is the list of teams and their leaders so that you can reach out to one of them if you are interested in learning more about that team and how you can be involved.

- Benevolence Team— Andy Butler
- Celebrate Recovery – Jeff Heerspink
- Communion Team – Nancy Widman
- Community Groups – Bill Thornton
- Creative Arts Team – Jean Stryker
- F Street Building Maintenance – Dave Widman
- Financial Team –Trevin Preble
- Greeting – Stacey Preble
- Helping Hands – Ronda Simpson
- Journey Group – Marcia Thornton/Hollie Sell
- Music Worship – Adam Woockman
- Neighborhood Parties – Becky Sallenger
- Nursery – Tami Thornton
- Outdoor Worship – Allen Hayward
- Security – John Arnold
- Sunday Coffee – Ronda Simpson
- Tech – Andy Butler
- Transportation – Tad Stryker
- Youth – Sage Peterson

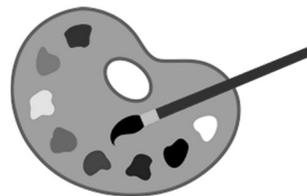
## Youth Update **Sage Peterson, Youth Director**

Wow! I can't believe we are almost a month into school, and it's starting to feel more like fall (or as I like to call it, "football weather!") F Street Youth are a couple of weeks into the year, and have been having a ton of fun! As we move into September, I am excited about a couple of things happening. The first is that our new resident, Willow Aplegate, will be joining



us as an Assistant Director of F Street Youth! We are really excited about the creativity and energy that she will bring to the program. Next, we are having our second event of the year on September, 18th, when the group will head to Adventure Golf after church. Last, on the 27th we are having our Big Give for the month, and we are asking that everyone bring drinks (water, soda, juice) to be donated to a local organization.

We would love to have your student join us on Tuesday nights, 7:30 p.m. in the Fireside room! If you have any questions please contact Sage at [sage@fstreetchurch.org](mailto:sage@fstreetchurch.org).



## F Street Church Arts: Open Studio

**Jean Stryker, Creative Arts Director**

Every Tuesday evening, F Street's art studio (upstairs above the Grace Room) is open for you to come and make art. You can bring your own project and supplies, or you can use ours. A small donation to offset supply costs is helpful, but if it's not doable for you, you're still invited to come on over!

On Tuesday, the 23rd of August, four people came by to create. One person worked on a crochet project, one person drew with pen and markers, and a mom and son experimented with watercolor pencils while her other kids were at F Street Youth Group. Worship music played in the background. There wasn't a burning bush or tower of cloud, but the Lord was there with us, and it seemed to me that everyone left feeling refreshed and a bit more joyful than when they arrived. Making art can do that!

If you'd like to try Open Studio, just show up on Tuesday evening. Keep your eyes on the newsletter and follow "Jean Stryker Art" on Facebook for changes and additions to the F Street Arts calendar.

**Note:** In the past, this has been a kid-free activity, but if you want to bring your child and are prepared to supervise as needed, Open Studio can be a great parent-child activity. I ask that there be one adult for each child attending. Please call Jean at 402-784-1599 if you think you'd like to try making art with your child at F Street Open Studio.

## 3M Classes to Return This Fall

**Bill Thornton, Teaching Pastor**

With a view toward developing fully devoted Christ followers at FSNC, we will again be offering a series of classes that we call 3M, which will include teaching on Membership, Maturity, and Ministry.

Membership will help folks become better acquainted with what it means to be a part of our F Street Church family. Maturity will focus on the habits that will foster spiritual growth in our lives. Ministry will explore how each of us is uniquely shaped to serve the Lord and his people.

Each class will be offered in one session, and will occur following the Sunday morning worship service. We plan to provide

lunch, so you will want to sign up when opportunity is given in the coming weeks so we will know how many to plan for. Our class schedule will be as follows:

- Membership, September 18<sup>th</sup>
- Maturity, October 16<sup>th</sup>
- Ministry, November 20<sup>th</sup>

Please feel free to contact Pastor Bill with questions and/or to sign-up for these classes.

## Donations Requested!

Tami Thornton, Nursery Director

The Nursery and Journey groups would love your donations of:

***Animal Crackers, Goldfish Crackers, Cheerios, Fruit Snacks, Graham Crackers, or any other kind of cookie***

If you are able to help us out, just bring your donations to the nursery on Sunday mornings, or to the church office during the week. Thank you all for your help!



ing and praying and talking and planning and false starts and COVID restrictions, we are on the road toward having our own community art space.

On Wednesday, August 24, the team of UNL student architects who are working on the Art Chapel held a quiet meeting at F Street Church's small white chapel to kick off the start of the project. The 12 students and their professor, Jeffrey Day, will design the renovation and will build some of its components at the UNL Innovation Campus. I pray they will see the Spirit of God move unmistakably in this project, regardless of their beliefs.



**UNL student architects met at the Art Chapel on Wednesday, August 24**

## Financial Report Tad Stryker, Elder

As we finished the financial report for July, it became evident that God is moving in the hearts of many of you at F Street Church, because we are right where we need to be to meet our local giving goal for this year.

The report shows that we were just a few dollars shy of being right on target for our goal of \$10,000 per month in local giving. I think that with a strong finish to the year, we can exceed that goal.

Thanks to those of you who are giving what you can to meet the needs of the neighborhood, our expanding church staff, and the ministry as a whole. Since our church uses a tenth of the local income for a benevolence fund, there has been more than adequate supply to meet all the requests.

I believe that God will fill your hearts with his peace and joy as you continue to trust him to supply all your needs in every area of your life. Your generosity indicates to me that you are indeed trusting him.



## Art Chapel: The Day of Small

### Beginnings Jean Stryker, Art Chapel Director

*"Do not despise these small beginnings, for the LORD rejoices to see the work begin."* (Zech. 4:10)

The Art Chapel Project has officially begun! After years of dream-

Students were reminded of some of the goals of the project:

- Honor the building's history and simplicity
- Create a hard-working and beautiful space for dual purposes: the building must perform as both a working studio and as a gallery
- Use creative solutions for necessary elements: protecting windows, providing grab bars.
- Let the end result reflect the community; make a space that puts people at ease so they will feel comfortable coming in and making art
- Respect the sacrificial giving that has provided the funds for the renovation

Students will be divided into 4 task teams:

1. Rolling door/wall
2. Custom windows and bathroom interior
3. Cabinetry wall
4. Art furniture and rolling ladder

A basic design already exists and is on display in the Art Chapel. However, changes and refinements have been made to that design; newer plans will be available soon.

Construction is projected to begin at the end of September and be concluded by early December, with some interior finishes possibly being completed by students in the spring semester. Crouse Construction is the general contractor.

PRAYER NEEDS:

- For permits to be granted without difficulty
- For safety of the crew as the work begins
- For diligence and favor in the home stretch of fundraising

- For the Art Ministry Team to work in tandem with the Holy Spirit as we plan how to introduce the Art Chapel to the community and begin to plan programming.



## Special Mission Offering

Phillip Canarsky, Pastor La Iglesia de la Comunidad

Hello F Street Church! I am writing to thank you for your collective generosity, over the years, with our congregation. I looked over some past emails we've shared, and I am struck by how long and how consistently you have blessed us. Thank you.

La Iglesia de la Comunidad is a non-denominational church plant. We meet in the F Street Community Center on Sunday evenings, and throughout the week, in different smaller community study environments. Our services and ministry have always been in Spanish (although translation is provided as needed). This is because the call that we have had since the beginning was to reach out to the primarily immigrant, culturally-catholic, Hispanic community here in Lincoln, with the life-changing message of the Gospel of Jesus Christ, and rich gospel-infused familial community. Over the years Pastor Jeff, the Northern Lighthouse, and now the F Street Neighborhood Church have been very generous with our community... and we thank God for that and for you. May our Lord continue to bless your church family greatly as you minister in this neighborhood.

May God bless you and your congregation richly.

*Special offering for La Iglesia de la Comunidad will be taken on Sunday September 4.*



## Gospel Brochures Wayne Wingate

Matthew 28: 18-20 is referred to as "The Great Commission." Jesus told his disciples, "I have been given all authority in heaven and on earth. Therefore, go and make disciples of all the nations, baptizing them in the name of the Father and the Son and the Holy Spirit. Teach these new disciples to obey all the commands I have given you. And be sure of this: I am with you always, even to the end of the age." This is a command from Jesus to the rest of us as well.

We have some Good News for you! We have designed a new, inspiring tool for you to use in sharing the gospel. A new brochure is now available for you to share the good news with your

family, friends, and neighbors. So, everybody please pick up a copy or two and use these to share the good news of Jesus Christ with those you come into contact with. There is a lost world out there eager to hear about the hope that is available to them. You may already have your own personal way you share with others, which is great; maybe this will give you some new ideas that you can incorporate in your own gospel presentation. There are many ways to reach the lost, but now we have this available for you to use as well. These yellow Gospel brochures are on the back table left hand side, so please help yourselves. If you need any help with these in any way, please call the church office or contact

*(Note to Wayne and Linoma Wingate, Thank You!)*

## Church Rekey

On Tuesday, September 13, we will be rekeying all the outside doors to the church. This is something that we do every few years, or as a need arises. To help us through this process there is a lime green half sheet of paper in the entry way that needs to be filled out and turned into Hollie Sell by Sunday, September 4<sup>th</sup>, so that all new keys are given to those approved by our building committee. Keys will be exchanged on Sunday September 11<sup>th</sup> following the service.

Any questions please contact Hollie Sell by calling the church phone number.



## Celebrate Recovery 1st Anniversary!

Jeff Heerspink, Pastor

This month F Street Celebrate Recovery will be celebrating its first anniversary. We are thrilled to be offering Christ-based recovery in our neighborhood. We average 30-40 people per Wednesday night, and as we restart this year, we are excited to be offering more groups and have some other exciting changes in the works (Celebrate Recovery is set up on a one-year curriculum over the 12 steps). We would love to have you check it out and encourage you if not for yourself to bring a friend who might benefit from this life healing family.

## QPR— Ask a Question, Save a Life

QPR Suicide Prevention Training is an evidence-based approach so people like us can learn to prevent someone from taking their own life. It has already saved hundreds of lives. It is like the life-saving CPR training that many of us have learned, though not nearly so intense and much shorter. In QPR ordinary people learn to ask the QUESTION about whether a person is considering suicide, PERSUADE the person that their death would make a difference and then REFER them to the 988 hotline or other professional help.

School Community Intervention and Prevention, Region 5 Prevention Systems and churches from across

Lancaster County are teaming up to provide this free training to hundreds of us. This national program has proven to make a life-saving difference. If you can't attend the training at our church on Sunday, September 11<sup>th</sup>, from 6:30 to 8:00 p.m. in the Fireside Room, check out some of the other places and dates. It's even available on Zoom. You might just save someone's life. For more info go to <https://talkheart2heart.org/resources/qpr-training>.

## Regular Email Updates

If you would like to, but are not getting regular updates about things at F Street Neighborhood Church, please send a request to be added to the email list at [fstreetchurch@gmail.com](mailto:fstreetchurch@gmail.com)

## Prayer Requests

If you have prayer requests, please send them to our office email at [fsncoffice@gmail.com](mailto:fsncoffice@gmail.com)

## Community Groups

### Group: Men's Bible Study (*on summer break*)

Location: Green Room at Church Building

Contact: Tad Stryker

Day/Time: Mondays, 7 pm

### Group: VA Small Group Study

Location: Victory Apartments (445 Honor Drive)

Contact: Ardeshir Mazhari, Keith Morrissey

Day/Time: Wednesdays, 2 pm

### Group: Keith Morrissey's House

Location: 1750 Prospect Street

Contact: Keith Morrissey

Day/Time: Thursdays, 7 pm

### Group: Women's Study, *Exodus: Liberating God's People.*

Location: Fireside Room at Church Building

Contact: Beth Heerspink

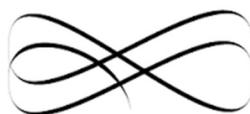
Day/Time: Fridays, 10 am

### Group: Study of *Spiritual Classics*

Location: 6730 So. 41st St.

Contact: Drew or Sarah Peters

Day/Time: Every other Thursday, 6:30 pm



## Monthly Bible Reading Schedule: Wisdom Literature

Monday	Tuesday	Wednesday	Thursday	Friday
Aug 29 – Psalm 129	Aug 30 – Psalm 130	Aug 31 – Psalm 131	Sep 1 – Psalm 132	Sep 2 – Psalm 133
Sep 5 – Psalm 134	Sep 6 – Psalm 135	Sep 7 – Psalm 136	Sep 8 – Psalm 137	Sep 9 – Psalm 138
Sep 12 – Psalm 139	Sep 13 – Psalm 140	Sep 14 – Psalm 141	Sep 15 – Psalm 142	Sep 16 – Psalm 143
Sep 19 – Psalm 144	Sep 20 – Psalm 145	Sep 21 – Psalm 146	Sep 22 – Psalm 147	Sep 23 – Psalm 148