

The Word on the (F) Street

Family Meetings

Jeff Heerspink, Pastor

We will be having a Family Meeting on Wednesday night, November 20, at 6:00 p.m. It is a potluck, so bring something to share.

There is little secret that we have not had a family meeting at "F" Street Neighborhood Church for some time. In fact, it has been over a year. For that, I am sorry and take full responsibility. We are excited to announce that our next Family Meeting in November. The purpose of the meeting is to make an opportunity for the members of "F" Street Church to get together, share a meal, discuss, and learn about the direction of the church.

I am personally excited about what God is doing at "F" Street Church, and look forward to sharing and discussing some of the things that are happening with residents, Block Parties, and partner ministries. We will share plans for Christmas, and look towards the future of "F" Street Neighborhood Church.

Who should attend: We encourage everyone, who is a member of "F" Street Church, to attend the meeting. We define membership as: those who have a relationship with Jesus, are active in giving, serving, and attending "F" Street Neighborhood Church.

Pray, Pray, Pray Jeff Heerspink, Pastor

"We are not able to change anyone," as I heard in a drug court meeting, with a friend this past week. We must have a higher power to change even ourselves. (Of course, I think there is only one higher power that can ultimately change us for good). Therefore, I am compelled to ask, and continue to encourage you to pray as a church. We are powerless apart from it. If we are going to bring any good into the neighborhood, we must be people of prayer. In the book of Ephesians, we read that, in addition to putting on the spiritual armor in battle, we are called to pray, not against people, but against the devil himself.

In addition to bringing the change in our neighborhood, we are to pray for our protection, and the protection of others in our community. God changes us, but he also protects us. In the book of

Job, Satan throws protecting Job, his When we engage in God has called us to, that we need God's think that this, is that it

*Pray
without
ceasing.*
1 Thessalonians 5:17

down on God for always family, and his property. the neighborhood that we must also understand protection. The reason I is often difficult to pray for

protection because it can seem so fruitless: We pray for protection, then when we are protected, we are unaware that there was even a threat to begin with. This causes us to not see the need or the priority to pray for protection.

Finally, we can see that Jesus prayed for direction from his heavenly father. Prayer is not just telling God our needs, or the needs of others; it is not just looking for the protection of God. It is a time to listen to God. It seems funny to me that so many today talk about the priority to meditation to clear your mind, or to get clarity on something, but they do it apart from God and his word. What if we were more focused on meditating on the



*A Place of Acceptance and Direction
"F" Street Neighborhood Church*

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Calendar for November 2019

3rd: Sunday Service; **Happy Birthday Darby Lytle**
5th: 6am Prayer; 7:30pm Freedom Through Christ
6th: 6pm Youth Group; **Happy Birthday Madeline Mailand**
7th: 6:30pm FoodNet
10th: Sunday Service
11th: **Happy Birthday Natalia Fuller**
12th: 6am Prayer; 7:30pm Freedom Through Christ
13th: **Happy Birthday Meg Arbogast**
14th: 6:30pm FoodNet
16th: **Happy Birthday Joe Nelson**
17th: Sunday Service; **Happy Birthday Robert Johnson**
19th: 6am Prayer; 7:30pm Freedom Through Christ;
Happy Birthday Schyler Bertalot
20th: 6pm Youth Group; **Happy Birthday Natasha Ingraham**
21st: 6:30pm FoodNet; **Happy Birthday Michael Schmeekle**
24th: Sunday Service; **Happy Birthday Ramon Gable**
25th: **Happy Birthday Dain Vasina**

Please keep us up to date on birthdays & anniversaries! If you aren't sure that we have your information, talk to Jane Mailand or simply fill out a Welcome Card and hand it to her. In addition, if your address, phone, or email has changed, let Jane know.

Word of God, or just being quite before God, allowing him to speak.

I hope that you see the importance of prayer in your life, and will take a step this month to join in prayer in a variety of ways.

Personally: Take time daily to pray to God. You can use the A.C.T.S. model (Adoration, Confession, Thanksgiving and Supplication). Or a good book is, *The Hour That Changed the World*, that gives twelve five minute movements in prayer. Or, simply start your day with prayer.

Tuesday Prayer: We are delighted when more people come to meet with us, Tuesday mornings, in the Green Room. We take time to pray for the prayer cards, as well as for the needs of others. We start at 6:30 a.m., and there is always coffee.

Fill out a Prayer Card: We really do want you to take time to write down your prayer requests so that we can pray for you. There is no request too small or too great, and it is available to all who come through our doors.

Prayer Walking: I want to continue to encourage people to just go and walk with God through the neighborhood. It is a great way to see the real needs and pray for them. Someone told me that they did this for the first time a few weeks ago, and how it was life changing to see a side of the neighborhood that they did not see from their vantage point of just driving into the neighborhood. There is a prayer calendar that you can get signed up on by talking to Brody.

Prayer App: You can go to www.pray.com and download the app on your smart phone. Once there, you can select "F" Street Neighborhood Church as your church, and be connected to prayer requests from other in our church.

These are just a few ways to lift up the neighborhood in prayer. Thanks, the battle we face is real.

Are You Involved? Jeff Heerspink, Pastor

I hope that everyone who comes to "F" Street Neighborhood Church realizes that, not only do we want you to be a part of the community, but we believe you are able to help serve the neighborhood. We want you to serve, to help us fulfill our vision to be a place of acceptance and direction. We want you to serve, to grow in Christ and get connected to the community. We want you to serve, because you have gifts and abilities that we need, and God has given you to help.

You can serve by jumping in at any Block Party, simply taking out the trash, cleaning up a mess, or just being available to listen and connect with people. But you can also be a part of one of our twenty- plus teams that help "F" Street Church live out its vision of being a place of acceptance and direction.

Here is a list of those teams, and if you are interested in joining one of them, talk to Kayla Wilson, or the team leader listed below.

Accounting – **CeCe Robinson**
Audio and Video – **Scott Wiese**
Bagels and Coffee – **Jeff Graham, Darby Lytle**
Benevolence – **Barb Douglas**

Block Parties – **Savannah Clapper**
Community Groups – **Art Wilson**
"F" Street Church Building Maintenance (Redeemer and Washington House) – **Jeff Heerspink**
Farmers Market – **Jeff Heerspink**
Financial Development Team – **Tad Stryker**
Freedom Through Christ – **Barb Douglas**
Greeting – **Kayla Wilson**
Journey Group – **Megan Arbogast**
Music Worship – **Aspen Triplet**
Neighborhood Bible Club – **Beth Heerspink**
Nursery – **Jackie Knapp**
Outdoor Worship Team – **Brody Van Roekel**
Parish Nursing – **Barb Douglas**
Prayer – **Kayla Wilson**
Preaching – **Jeff Heerspink**
Sacred Eyes - **Jean Stryker**
Security – **Jeff Heerspink**
Sunday Transportation – **Tad Stryker**
Web Page and Social Media – **Brody Van Roekel**
Youth – **Megan Arbogast**

The Art Chapel Jean Stryker,

There's been a plan floating around for a few years to make our little chapel building into a community art studio. Finally, that plan is getting some traction! The Art Chapel is becoming a reality.

The University of Nebraska School of Architecture, with professors Jason Griffiths and Jeffrey Day, has decided to take on our project. UNL graduate students have been working on designs to rehab our building for the dual uses of working art studio and public gallery space.

On Friday, November 1, you'll have a chance to see the designs the students have been developing. Please come to the Art Chapel's first First Friday event! We'll be open to the public between 6:00-8:00 p.m. The proposed designs will be on display, and refreshments will be served. You'll have a chance to meet the students and visit with other folks of the neighborhood. We'd love to see you there!

First Friday Open House

November 1, 6-8 pm

Come and see what's happening
with the Art Chapel
Located just north of F Street Church

Graduate students from
the UNL School of Architecture
will exhibit design proposals for the Art Chapel,
our future community art studio for adults.

Refreshments will be served.

“It’s All Good in the Hood”

Hoodies are Back

During the month of November, you will be able to pre-order your “F” Street Church “It’s all good in the Hood” hoodie for \$25 each. They will have the traditional lettering on the back, with the standard “F” Street Church logo on the front (with the addition of, “Est. 2014”).

All pre-orders must be pre-paid, and the last day for orders will be Sunday December 1. We hope to have them available for you by Sunday, December 15, in time for winter, and available as Christmas gifts.

They will be available in dark blue, grey, pink, and green. All have white lettering. Pre-order will be taken after the service where “F” Street Church Tee’s are for sale now (for \$10, and stickers are for sale for \$1.)

Get to Know Natasha

Kayla Wilson, Team Leader-Hospitality & Discipleship



Kayla: What brought you to “F” Street Neighborhood Church? How long have you been attending?

Natasha: I have been attending for two years now, and enjoy going. I moved to Lincoln two years ago and tried several different churches, but really didn't fit very well with them. When I became a neighbor to Sarah and Jack Dicter, in October 2017, they asked me and my family to go to “F” Street Church.

Kayla: What do you love about “F” Street Church?

Natasha: I fell in love with the worship team and the laid back atmosphere throughout the church. I also like that everyone is so nice and welcoming.

Kayla: Personally, what do you most enjoy? What are you passionate about?

Natasha: I enjoy spending time with friends and family, watching football on Saturdays, playing cards, and I like working in the nursery at church with the kids. I am passionate about helping people in their time of need as well as caring for children.

Kayla: How has God transformed you? How has he grown you?

Natasha: God transformed me to be a more patient person. I don't get upset, or mad as easy. I can actually think about things without overreacting. He has grown in me by making me be the best person I can be. I am attending the Lincoln School of Ministry so I can continue to grow into the person I was created to be.

Kayla: How do you think God is using you now and how do you hope to be used in the future?

Natasha: God is using me to help others through personal is-₃

sues like anxiety, counseling sessions, addictions, and just being there to listen and give advice. My big goal is to be able to teach the Bible to those that don't really understand the Bible. I'd also like to start a group here with people like myself who don't like to read the Bible or understand it where they can go and read the Bible and can learn together.

Kayla: How can “F” Street Church family pray for you?

Natasha: They can pray for me in regards to my back surgery coming up, my financial situation, and just to help me be strong and full of wisdom to keep helping those that need help or advice.

Food is Life Jeff Graham, Team Leader

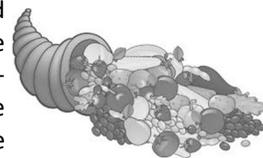
It's no secret that food comes in two “flavors”; spiritual, and edible. We are lucky enough to enjoy both. Our spiritual food is through Christ. God left us his word, in the Bible, about our spiritual food.

John 6:27 – 27: Do not work for food that spoils, but for food that endures to eternal life, which the Son of Man will give you. For on him, God the Father has placed his seal of approval.

John 6:35 – 35: Then Jesus declared, “I am the bread of life. Whoever comes to me will never go hungry, and whoever believes in me will never be thirsty.”

Matthew 4:4 – 4: Jesus answered, “It is written: ‘Man shall not live on bread alone, but on every word that comes from the mouth of God.’”

God put us into a sowing-and-reaping world. If we do our part, we will enjoy the fruits of our labor. This also includes giving. God gave his only Son who died for us. All of us. The “us” that came before, and all those who will come after we are gone. *All of us* – the entire human existence throughout his life for *All of us!* That's about the biggest gift that could ever be given. God is a giver, and if we are made in his image, then every time we give, we become a little bit more of who he wants us to be; who we were made to be. I believe we are at our best when serving and giving.



At “F” Street Neighborhood Church, there are so many ways to serve and give. We have many groups who serve: Coffee & Bagels, Greeting, Transportation, Nursery, Accounting & Bookkeeping, Worship Team, Sound Team, Atlas, Transformations Thrift Store, etc. Talk to Kayla, Brody, or Jeff to see how you can serve. There is also financial giving. Giving through the website, the offerings, or personal donations.

I would like to inform you of another way to give.

FoodNet could use our help! FoodNet is asking us to save Best Choice labels. They need the barcodes intact, and for every 1000 labels they collect, they can use them for monetary assistance to continue their mission of helping to feed people in need. There is a collection box (with pictures of labels) on the table in the back of the church. I'll pick them up once a month.

Remember God. God is a giver. Be like God. Food is life!

About FoodNet: Source: <http://foodnetlincoln.org/>

Serving the greater Lincoln area since 1985!

FoodNet is a group of volunteers from many different churches and other non-profit organizations trying to stop the waste of food and provide for those in need. Food is collected from donors for distribution at our sites around the Lincoln area each day. Mostly perishable foods are provided, such as fruits, vegetables, dairy products, bread, etc. These are items not usually found at a dry goods food pantry, but are still in demand.

Distribution of food through FoodNet is made possible by the Bill Emerson Good Samaritan Food Donation Act: an act of Congress that encourages the donation of food and grocery products to non-profit organizations for distribution to needy individuals, backed by the full force and effect of law.

In 2018:

88,649 people participated in a food pickup

248,490 total people were helped

20,273 volunteer shifts helped make this possible

85,451 hours were worked in those shifts

Thank you to all of our volunteers for keeping FoodNet alive and strong!

Christmas is Coming! Jessica Hernandez



Christmas will be arriving sooner than you think! We are absolutely thrilled to announce the very first *Annual Children's Christmas Program* for any children, age five through fifth grade. Practice times will soon be announced. If you have any questions or concerns please contact Jessicca at 402-207-2333.

Stewardship Means So Much More Than Giving to the Church Tad Stryker, Elder

The Book of Proverbs (which the Bible reading guide in this newsletter has been taking us through over the last couple of months) is a good handbook for skillful living, especially when it comes to money and decisions related to money. You may recall that the Bible talks more about money and its use than it does about heaven and hell. Proverbs is a good place to see that. But it won't help you at all if you don't read it and apply its principles to your life.



Proverbs are wise sayings - excerpts from Hebrew wisdom literature, which contain truth about general principles. They are not specific promises that apply to every area of our lives, but they have proven trustworthy for centuries.

Proverbs gives good guidance for skillful living as far as money and possessions are concerned. For example, Prov. 21:20 advises us to keep some "extra" on hand, don't immediately use up everything you have if you can help it. How can you be hospitable if

you have nothing to share with others? And Prov. 30:24-25 gives an illustration of ants, about how they store up food in the summer to use later in the year. The application would be to prepare for lean times that surely will come.

Proverbs warns us not to co-sign for a loan to "help out" someone else (that is, becoming legally responsible for someone else's debt). See Proverbs 17:18. And what should you do if you already co-signed for someone? See Prov. 6:1-5.

So yes, the Bible does talk about giving, but it also gives instruction on what to do with the rest of your money. Just because you have a Bible in your home, doesn't mean you're going to make smart decisions. But if you read it, meditate on it, ask God for guidance - and obey it, and seek advice from qualified people, you will tend to make wiser and wiser decisions, with your money and in other areas of your life.

Offerings at 67 percent of goal through September

The board of elders has set a financial goal of \$6,000 per month in local giving for 2019. We are going to have to be purposeful and generous to reach our goal this year.

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January: \$4,270

February: \$3,513

March: \$5,489

April: \$3,107

May: \$3,266

June: \$3,426

July: \$6,059

August: \$3,281

September: \$3,637

You can give using our website (www.fstreetchurch.org). Choose the ***Donate*** link, and use the interface. You can give cash, a gift card, a vehicle, or various large or long-term assets including stock, mutual funds, business assets or real estate.

Use the free Generosity by Lifeway app. Download it to your smartphone and you'll be set up to give no matter where you are.

If you have trouble remembering to give, you can designate that your gift be made, weekly, monthly, quarterly or annually. Once you set it up, it will happen automatically.

Do you have questions about electronic giving? Ask CeCe Robinson or Tad Stryker.

Parish Nurses' Corner Barb Douglas, Parish Nurse

Hello to all my Christian brothers and sisters.

Where is your balance point for wellness? Colossians chapter 3, speaks of a plan made by God for healthier living. Verses 12-15 give you the outline for Christian living through Christ:

"Since God chose you to be the holy people he loves, you must clothe yourselves with tenderhearted mercy, kindness, humility,

gentleness, and patience. Make allowances for each other's faults, and forgive anyone who offends you. Remember, the Lord forgave you, so you must forgive others. Above all, clothe yourselves with love, which binds us all together in perfect harmony. And let the peace that comes from Christ rule in your hearts. For as members of one body, you are called to live in peace. And always be thankful."

Colossians 3:16-17 goes even further:

"Let the message about Christ, in all its richness, fill your lives. Teach and counsel each other with all the wisdom he gives. Sing psalms, and hymns, and spiritual songs to God with thankful hearts. And whatever you do or say, do it as a representative of the Lord Jesus Christ, giving thanks through him to God the Father."

You know about eating right, sleeping right, and living in a right way, are all included in the directions God so graciously gives us.

Following these instructions are never meant to be done in solitude. They are meant to be accomplished in community. Please join us at "F" Street Neighborhood Church for the pre-service breakfasts, Sunday after-service potlucks, the monthly Block Parties, and any other gatherings that are announced. These times of fellowship are so important and precious for each of us. We need each other, and as God's children, we are commanded to come together in love, to worship and honor him, and to love one another.

If anyone of you avoid these gatherings because of any special needs, or dietary concerns, please call me at the church office-402.435.3673, so we can talk about it and make sure you are never excluded for any reason. I am available every Tuesday, Wednesday, and Thursday, by telephone or appointment, from 10:00 a.m.-1:00 p.m. If for some reason I am called out, please leave a message for me, with your name and return phone number. I will call you as soon as I can.

Please don't be left out any longer. Col. 3:1, "Since you have been raised to new live with Christ, set your sights on the realities of heaven, where Christ sits in the place of honor at God's right hand."

With Love, Barb Douglas, PNFSNC

Community Groups

Thursday Group: 7:00-9:00 p.m. at Keith Morrissey's home. Contact Keith Morrissey, 402-525-4897.

Sunday Group: 12:00-1:00 p.m. at "F" Street Church. Contact Keith Morrissey, 402-525-4897.

Sunday Group: 5:30-7:30 p.m. at Art & Kayla Wilson's home. Contact them, 402-318-4968.



“F” STREET 
 Neighborhood
 CHURCH



Wisdom Literature Monthly Bible Reading Plan

This month we wrap up one of my favorite books of the Bible, for it's packed filled with wisdom for our every day lives. We also jump into Ecclesiastes, also a wisdom book, where King Solomon reflects on life and its meaning. We just get started this month into the last book of the wisdom literature. And, in typical form, we may have saved the best for last. Not all of the Bible is PG rated, yet this book teaches us the priority of one of the greatest relationships that we have here on earth.

November	Proverbs	November	Prov/Ecc	Nov	Ecclesiastes	Nov	Ecclesiastes	Nov	Ecc/S of S
28	<input type="checkbox"/>	23	<input type="checkbox"/>	28	<input type="checkbox"/>	2	<input type="checkbox"/>	7	<input type="checkbox"/>
29	<input type="checkbox"/>	24	<input type="checkbox"/>	29	<input type="checkbox"/>	3	<input type="checkbox"/>	8	<input type="checkbox"/>
30	<input type="checkbox"/>	25	<input type="checkbox"/>	30	<input type="checkbox"/>	4	<input type="checkbox"/>	9	<input type="checkbox"/>
31	<input type="checkbox"/>	26	<input type="checkbox"/>	31	<input type="checkbox"/>	5	<input type="checkbox"/>	10	<input type="checkbox"/>
1	<input type="checkbox"/>	27	<input type="checkbox"/>	1	<input type="checkbox"/>	6	<input type="checkbox"/>	11	<input type="checkbox"/>
		4		11		18		23	
		5		12		19		24	
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		8		15		22		27	
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