

# The Word on the (F) Street

## “F” Street Church is Going Multi-Site?

Jeff Heerspink, Pastor

Yes, Yes we are. That is, if you consider the parking lot another site. It is our hope, that in the very near future, we will broadcast our service (not loudly) in the parking lot.

The reason for this is simple: We know that there are many who want to hear the message of Jesus, to experience community, and want to engage in the worship, but the walls of our church keep them out.

Maybe it is social anxiety. Maybe it is that they have no idea what happens in the church. Maybe it is that they have been hurt by the church. Maybe they think that they or the church will start fire when they enter (I don't understand, but have been told this a lot). Either way, the beautiful walls and windows in which many of us find comfort and encouragement, are keeping others out.

So the plan is to simply move some parking spots back, extend our deck, add some sound equipment, have canopies for the rain and sun, heaters for the cold and create a space for people to belong and get connected.

We hope that a few of us “regulars” are intentionally outside to engage with the people who attend there. Over time, it is possible that they will feel comfortable enough to step inside the walls. This may start with coming in for coffee and bagels, communion, or simply to get out of the elements. But we are called to be a church of the neighborhood, and will do all that we can to share the hope of Jesus with everyone here.

*Note: This is not an excuse for others of you to move outside.*



*A Place of Acceptance and Direction  
“F” Street Neighborhood Church*

*1302 F Street  
Lincoln, NE 68508*

*Pastor Jeff Heerspink  
www.fstreetchurch.org  
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### Calendar for May 2019

1st: 6pm Youth Group  
2nd: **Happy Birthday DJ Parker**  
2nd: 6:30pm FoodNet  
5th: Sunday Service  
7th: 6am Prayer; 7:30pm Freedom Through Christ  
9th: 6:30pm FoodNet  
12th: Sunday Service  
14th: 6am Prayer; 7:30pm Freedom Through Christ  
15th: 6pm Youth Group; **Happy Birthday Josiah Heerspink**  
16th: 6:30pm FoodNet; **Happy Birthday Todd Bisson,**  
**Kara Cerveny**  
17th: **Happy Birthday John Howard**  
19th: Sunday Service  
20th: **Happy Birthday Jessica Hernandez**  
21st: 6am Prayer; 7:30pm Freedom Through Christ  
23rd: 6:30pm FoodNet  
24th: **Happy Birthday Jack Dappen, Vanessa Satchell**  
25th: **Happy Birthday Jewel Rodgers**  
26th: Sunday Service  
27th: **Happy Birthday Leah Vorderstrasse**  
28th: 6am Prayer; 7:30pm Freedom Through Christ  
30th: 6:30pm FoodNet

*Please keep us up to date on birthdays & anniversaries! If you aren't sure that we have your information, talk to Jane Mailand or simply fill out a Welcome Card and hand it to her. In addition, if your address, phone, or email has changed, let Jane know.*

## Tuesday Prayer Time Change

Starting May 7, the Tuesday morning prayer time will begin at 6:30 a.m. instead of 6:00 a.m. This will better accommodate those who regularly attend, and hopefully encourage a few more people to come and join us in prayer for our church family, neighborhood, country, and the world.



## Marathon Mayhem



Just a reminder that the Lincoln Marathon takes place Sunday, May 5. This event usually presents a challenge for those wanting to attend worship, since the course surrounds the facilities. Please be attentive to this, and make plans either to park outside of the route and walk the few blocks, or come early (it is Biscuits and Gravy week) Most of all, be patient.

## Five Years

This year we celebrate five years of “F” Street Neighborhood Church. We are blessed to have Brett Byford (who preached the first message here, on June 1<sup>st</sup> of 2014) back to preach on June 2<sup>nd</sup>. There will be a BBQ at Cooper Park following the service. Hopefully, Transformations Thrift Store will be open for a walk – through, and maybe visit with some guest who have helped us along the way.



It is our chance to really celebrate what God has done at “F” Street Neighborhood Church, and to look forward to what God is able to do in the future. We hope that you will make plans to be with us and celebrate our great God together.

## What is a Disciple? Jeff Heerspink, Pastor

Many years ago, I called together a meeting at the Northern Lighthouse (Our founding Church where I served previously). The intent of this meeting was to put together a DDP or a Description of a Discipled Person. This is important, because we are a church who seeks to make Disciples, and we need to know what one is.

What I did not expect, was that the meeting turned almost hostile with people being adamant about what they thought a disciple looked like. Each one quoted Bible verses that supported their claims and priorities. It became clear to me that there are many ways to define what it means to be a disciple of Jesus.

After some time, we came across the 5 C’s, which what we use here at “F” Street Church, as well as at the Northern Lighthouse. They are clear, and yet have room to explore and expand. They come from Malcom Webber and his work with Strategic Global Assistance, an organization that strives to raise up Christ followers around the world.

The 5 C’s are: Christ, Community, Character, Calling and Competencies. We have expanded that a bit to make it more palatable.

Be committed to **Christ**

Be engaged in **Community**

Be transformed in **Character**

Be fulfilling your **Call**

Be developing **Competencies**

It is important that we apply this to ourselves and our church. It allows us to ask questions personally about how we are doing (For example: Is our character being transformed into the image of Christ?) Then to ask corporately (Are the members of “F” Street Church engaged in community?)

To help us all get a better grasp of how we are living our lives on a personal level, as well as in a community, we are preparing to start a new preaching series. This will take five weeks between Easter and our anniversary celebration, and will examine each of the five C’s.

## Special Offerings

### 1. Children’s and Youth Director

Thanks so much to everyone who helped, financially, to support Meg, as Children’s and Youth Director. We are thrilled to have her on staff, and working with a great group of volunteers. They are building-up our children and youth in Christ. If you did not have a chance to give, and would like to, you may do so at any time. Simply place your gift in an envelope marked “Children’s and Youth Director”, or “Meg.”

### 2. ATLAS: Lincoln

Sunday, May 5, we will take a special offering to support the work of ATLAS. We were thrilled to be able to be a part of starting this exciting new ministry, and to have Brody, ATLAS Director, as a part of the “F” Street Church family. This ministry works to walk along-side of those in our community who have nowhere else to turn. It is funded entirely by the support of churches and individuals. If you would like to give to ATLAS, apart from this one time offering, please feel free to connect with Brody.



## Lincoln School of Ministry

This fall trimester we will give an opportunity to those, who are not regularly a part of the school, to attend a class of their choosing. The cost is \$25 per class.

Classes are:

**May 2:** Apostle Prophet Evangelist Shephard Teacher (Ephesians 4:11) and the value of Church Planting – Teacher, Jeff Heerspink.

**May 9:** Funding Your Ministry – Teacher, Randy Fontaine

**May 16:** Art in Ministry – Teacher, Jean Stryker

## Farmer’s Market 2019

Meg Arbogast, Director, Youth Ministry; Team Developer of Outreach



In the Bible, Jesus frequently performed miracles, despite the lack of faith he would encounter from people. Two thousand years later, God is still performing miracles even when our faith is weak.

During the first few months of 2019, we were not sure if the Farmer’s Market would continue this year, since Andrea has retired from the position of market manager. As a matter of fact, I was convinced we wouldn’t be able to find people who have the time and motivation to put in the effort. Well, here I am with my foot in my mouth because God exceeded all expectations. For each area that needed help, Christ used Pastor Jeff’s connections, and members of “F” Street Church to provide the hearts and hands to do this thing.

Our team is giddy for the arrival of June 11, when our market will kick off. Each Tuesday evening, June 11 - August 27, 4:30-7:00 p.m., "F" Street Neighborhood Church will host the market. Residents of our neighborhood can come shop through a wide selection of produce, and eat a masterfully grilled meal as they listen to live music, while visiting with the lovely folks of our congregation. Ultimately, the goal is to form more connections with people in our neighborhood and steer them towards Christ.

As we go forward, it would be right to take a moment and acknowledge Andrea, Stephen, Rachael, Xander, Madeline, and Timothy Mailand, the Schmeekle crew, the Robinsons, and everyone else who put the blood, sweat, and tears into the market (Sorry if I missed anyone). From what I've heard, it was nothing less than phenomenal and we are eager to make it every bit as special as the first squad made it.



## ATLAS of Lincoln: May Update

Brody M. Van Roekel, Director, Atlas: Lincoln

Recently I went out to Lancaster County Corrections to visit a friend named Lance. I've grown to know him over the last couple months. Our relationship came out of unique circumstances.

Back in December, a friend and co-laborer in Christ gave me a letter he received at his workplace. It was from Lance, who had been locked up in LCC for a while, but he wanted to be able to provide Christmas presents for his daughters. Lance's letter was asking no-one-specifically if they could help him out by getting some gifts for his daughters. I stopped by Walmart, picked up a few toys, wrapped them up, and took to the home of Lance's wife. We chatted only for a few minutes, and I figured that was the end of it.

A month later, I received a letter of thanks from Lance, and I wrote back asking if I could visit to meet him face-to-face. He responded that he would be thrilled to meet. I went out to LCC and visited with Lance for an hour, and have gone back a number of times in the last few months.

In my most recent visit to Lance, I was feeling pretty down. Those "down" kinds of days can happen in ministry and especially while serving people struggling in hard places. Some of our people had made the decision to go back into unhealthy ways of life and it was weighing on me a bit extra the day of my visit.

I left my visit with Lance feeling renewed. We had a great conversation about worry and trusting in God. He shared some good perspectives and wisdom that really hit home. He encouraged me a ton, whether he intended to or not. Every day, I get to be amazed by how the Lord moves through our people and through the Atlas ministry. A random connection from a letter, sent in faith, months ago has led to a relationship that grows consistently. It is a relationship that demonstrates "bearing burdens together" that Paul writes about in Galatians. It is a relationship that blesses me immensely. I hope I can return the favor to Lance.

As is often said, the harvest is plentiful and the workers are few. We are always in need of people who want to be the hands and feet of Christ by being prayer partners, mentors, and financial investors. Atlas can use volunteers with a variety of gifts. If you have a desire to serve your community through Atlas: Lincoln (whether it's multiple hours a week or a few hours a year), there are many opportunities to do so. Contact Brody at 712.441.5403 or brody@atlaslincoln.org and let's talk about ways we can touch lives for Christ together.

## Let's Begin the Journey!

Meg Arbogast, Director, Youth Ministry; Team Developer of Outreach

I am beyond grateful to God for providing willing leaders for our Sunday Journey program, for kids k-5th grade! Lord willing, and thanks to them, we will be ready to start May 5<sup>th</sup>.

To all the kids who attend "F" Street Neighborhood Church: I'm excited to invite you to Journey. This is a time we will spend together adventuring through the greatest stories ever told. My hope would be for each of you to leave each Sunday knowing you have a purpose and that the God of all creation thinks all y'all are a treasure. I have no doubt we are going to have a blast!



To parents, I want you to know that any concerns, questions, and suggestions are more than welcome. This is new for all of us, so the more feedback the better. Thank you for sharing your kids and entrusting them into our care. We are excited to start building friendships with each of them.

As we dive into this opportunity, I ask for prayer for our hearts to be receptive to what God wants to teach us each week, for discernment in any complicated situations that will arise, and for connections to be made between leaders and kids.

Thanks to all who have supported in starting this process. The encouragement has meant the world.

## Greetings! Marian, Nursery Volunteer

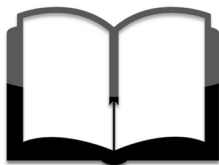
Hello "F" Street Church Neighborhood Church members and family. My name is Marian, and I have been attending services here since August of 2018. However, I just recently have become more involved. I am a new volunteer in the nursery.

When Kayla asked if I would like to help in the nursery, I enthusiastically said, "Yes!". Kayla is passionate about all aspects of her involvement here at "F" Street Church. She also chose to work with me, in my preparation toward being baptized here, just recently, on April 28, 2019.

I have not yet had the pleasure of being surrounded by little ones during any of my Sundays here in the nursery. I will be looking forward to meeting, playing, and staying though! I would like to be even more involved here at church, and this is a wonderful start! I am looking forward to meeting you all soon. Thanks for welcoming me!

## Theology Art Wilson

Why do we study theology? Because, as an expression of our love for God the Father, Christ the Son, and the Holy Spirit, we want to know them at a deeper level. Similarly, when you fall in love with a person, you want to know more about them and understand them in a deeper way.



Theology teaches us about God, the world, others, and ourselves. It is not just for pastors, professors, and preachers. Theology is the special privilege of all believers. Anyone can learn *about* God, but only believers can *know* God.

Theology Club is a place to explore the deep things of God in fellowship with other believers. The club meets every other Saturday, starting May 4<sup>th</sup>, at 9:00 a.m. at the Starbucks on 33<sup>rd</sup> and O Street. Participants are required to listen to assigned lectures and do assigned readings before each meeting. This gives two weeks to listen to one or two hours of content, and read a few notes.

The first study is on Spiritual Formation, a lecture series by Dr. John Coe, Director of the Institute for Spiritual Formation at Talbot School of Theology, part of Biola University in Los Angeles, CA. The lectures and readings are free to download, so you can put them on your phone or computer and listen wherever you want.

Please email me if you are interested in growing in our knowledge and love for the Lord. Email: [J.ArtWilson@gmail.com](mailto:J.ArtWilson@gmail.com)



## Immerse Update 2019

**Beth Heerspink, Director, Immerse**

**Know of a family in need?** Our church has the opportunity to host five Immerse groups this summer! These groups provide a unique opportunity to serve people in need. If you know of a family who is feeling overwhelmed by a project, and could use a service team of 8-10 people to help out for a morning or afternoon, during the summer, please let me know. Groups are excellent at yard work, light construction or repair projects, cleaning gutters, painting, moving, or other labor intensive work.

**Please help welcome the Interns.** Three interns are arriving on Saturday, June 1. Sarah will be returning from last year, and we will have two new Interns (Jordan and Evan). Please give them a warm "F" Street Church welcome when you see them Sunday, June 2! They are here to work, serve, learn and connect with community this summer. If you are interested in having the interns for dinner the week of their orientation (June 3-8), please let me know.

**Do you like to cook?** I am still looking for several cooks for the summer! If you would be willing to cook a meal for an Immerse

team (the grocery cost will be covered) at the church, or host a team in your home on a Wednesday night, please let me know.

Thank you for your partnership with the Immerse ministry!



**Transformations**  
THRIFT STORE

## All Hands On Deck!

**CeCe Robinson, Director, Transformations Thrift Store**

What's your "thing"? Do you like toys? We can use you. Do you like clothes? We can use you. Do you like on-line sales and negotiations? We can definitely use you. Do you just like to be surrounded by crazy fun people? We need you. There are so many volunteer positions coming up at Transformations Thrift Store. Please contact Beth Heerspink and we can get you plugged in.

This first week in May, we will start with painting. Next comes some floor work. Following right behind....setting up the store, sorting through the donations we received, posting, and on-line sales management (I'm not good at negotiations).

Mark your calendar for June 1, to be at Cooper Park for the South Salt Creek Day in the Park. There will be booths of all the area businesses, not-for-profits and services available. "F" Street Neighborhood Church, Atlas, and Transformations will be represented. On June 2<sup>nd</sup>, at the same time as the church anniversary (at Cooper Park), Transformations will hold an open house for people to walk through the store and see what all the fuss has been about. (I will need someone to bring me some food though).

I want to give a big shout-out to the team of volunteers who put their heart and soul into making this happen. Jeff Graham, Steve Wilbur, and Paul Eagleton gave almost every day, all day, to this project, sun up to sun down. This could not have happened without them. Please be sure to acknowledge their selfless giving when you see them.

Thank you everyone for making this possible and sticking with us. Be sure to check us out on Facebook and on our website: [www.transformationthriftstore.org](http://www.transformationthriftstore.org)

## Parish Nurses' Corner Barb Douglas, Parish Nurse

Hello FSNC Brothers and Sisters,

I hope you all had a wonderful Easter and are enjoying the nice weather we've been having.

It's time to get outside and enjoy the fresh air. God wants each of us to be able to enjoy the outdoors. Our bodies were made to *move*. Scripture is full of movement. The gospels tell us of Jesus' travels all over Israel, and his disciples accompanied him every-

where. Mostly they walked everywhere, sometimes they sailed by boat. No matter how they got around, it required them to and be physical. Maybe you have guessed already, but we are going to start some movement trials here at FSNC. We are trying to find out how many people would be interested in an exercise class of some sort here at the church. There soon will be survey sheets with various ideas as what might be fun for everyone. We are always looking for those who would be interested in leading or co-leading an exercise group, and for ideas for different kinds of exercise groups. Do you do Tai Chi, or Yoga, or anything that helps with movement? Please contact me, or Megan Arbogast with your ideas. We look forward to your input.

The Farmers Market will start soon. It will be held in the church parking lot, and there will be some exciting changes taking place. Be on the lookout for the Farmers Market flyers and information. Later this summer, or early fall we might offer cooking classes. So check for information on these classes as well.

We continue to promote healthy eating and healthy cooking. As we move forward, please bring any questions or ideas to Meg or myself. You can contact us at the church phone 402-435-3673. Please leave a message for the intended person, and we will be sure to get back to you in a timely fashion.

As some of you may know, we have implemented a new message system, in the hopes that it will help us answer questions and get information out to you easier and faster. Please be patient, and help us do the best job possible for everyone concerned. We sincerely want your input and ideas for the exercise groups and other things going on. *You* are important to the success of the church outreach. Your ideas and information are needed to make FSNC the most knowing, moving, and caring church in Lincoln!

God's blessings to each and everyone of you.

Your Parish Nurse, Barbara J. Douglas.

## The Importance of Your Giving to Our Local Church Tad Stryker, Elder

This is the first in a regular series of articles about giving, written from the perspective of the board of elders, which governs our church.

Let's be clear about one thing right up front: God does not need my money, or yours. God commands us to give; that is clear throughout scripture, but it's not because God is short of funds. Rather, it's because it's healthy for us as the people of God to be involved in what he is doing. It's good for us to give.

That said, we as elders believe that one important sign of a healthy, growing local church is that it supports its own ministry and overhead costs with local giving. We are getting closer to that goal. Thanks to some incredibly generous giving by you in December, we finished 2018 in as strong a financial position as this young church plant has ever seen.

After prayerfully considering our financial situation at the end of 2018, the elders set a goal of \$6,000 per month in local giving for 2019, which would cover 75 percent of our total budget. We are lagging behind in this; through the end of March, offerings totaled \$13,272, or 73.7 percent of our goal. We can do better.

Why do we need to do better? Because if the money is not there, we have to scale back the ministry in some way, shape or form.

What do we need to take in and spend to keep "F" Street Neighborhood Church financially healthy? You'll be hearing about this as the year goes along, both in Sunday morning services and in this newsletter. Month by month, I'll highlight different areas where the church spends money. Keep watching this space for ministry and financial updates.



## Community Groups

**Monday Men's Group:** 7:00-8:30 p.m. at the Redeemer Bldg. Contact Tad Stryker, 402-802-0597.

**Thursday Group:** 7:00-9:00 p.m. at Keith Morrissey's home. Contact Keith Morrissey, 402-525-4897.

**Sunday Group:** 12:00-1:00 p.m. at "F" Street Church. Contact Keith Morrissey, 402-525-4897.

**Sunday Group:** 5:30-7:30 p.m. at Art & Kayla Wilson's home. Contact them, 402-318-4968.



## Free Live Music Concert on May 6

**Monday, May 6, "F" Street Neighborhood Church will host a free concert by the group "We Are Vessel." (Time to be announced).**

From the groups' Spotify page, "We Are Vessel is a rock/pop band from Waycross, Georgia that believes that music can change lives. We Are Vessel want to encourage people to never give up on their dreams, passions or themselves. The band believes that they were brought together for a purpose to use their dynamic backgrounds and their similarities in music to spread a message of hope with the lyrics that mean something. The name We Are Vessel is exactly what it means, that they are called to love the lost, hurting, wounded, and sick. A vessel brings things that are needed. They are to be God's willing vessel in all their endeavors and all walks of Life."

Be sure to join us that evening, and enjoy this talented group, along with the community of one another!



## Wisdom Literature Monthly Bible Reading Plan

April/May	Psalms	May	Psalms	May	Psalms	May	Psalms	May	Psalms					
29	<input type="checkbox"/>	43	6	<input type="checkbox"/>	48	13	<input type="checkbox"/>	53	20	<input type="checkbox"/>	58	27	<input type="checkbox"/>	63
30	<input type="checkbox"/>	44	7	<input type="checkbox"/>	49	14	<input type="checkbox"/>	54	21	<input type="checkbox"/>	59	28	<input type="checkbox"/>	64
1	<input type="checkbox"/>	45	8	<input type="checkbox"/>	50	15	<input type="checkbox"/>	55	22	<input type="checkbox"/>	60	29	<input type="checkbox"/>	65
2	<input type="checkbox"/>	46	9	<input type="checkbox"/>	51	16	<input type="checkbox"/>	56	23	<input type="checkbox"/>	61	30	<input type="checkbox"/>	66
3	<input type="checkbox"/>	47	10	<input type="checkbox"/>	52	17	<input type="checkbox"/>	57	24	<input type="checkbox"/>	62	31	<input type="checkbox"/>	67