

# The Word on the (F) Street

## Increasing the Footprint

Jeff Heerspink, Pastor

When we started "F" Street Neighborhood Church, we made some statements expressing our values. Statements like, "We want to be a 'sending' church." "We want to not be just a church on Sunday, but everyday." And, "We do not want to be another church 'in' the neighborhood, but a church 'of' the neighborhood." In addition, we wanted to be a place where people are equipped for ministry: "A place of acceptance and direction." It is great to see so many of these values being lived out.

It has also been our heart's desire to continue expanding God's kingdom here in this neighborhood, "To increase the footprint." This is not something that we could ever script. We simply get to follow the leading of God. Here are a few things that are taking place.

- ATLAS has been started, in connection with other great churches in our neighborhood. It is under the direction of Brody Van Roekel,

who is a valuable addition to the church staff. Currently ATLAS is housed at the Redeemer Building, at 745 D Street. You can read more about this great new ministry in this newsletter.

- We also have the privilege of starting Transformations Thrift Store. This is a great opportunity to serve the community, raise funds for ATLAS, and connect with people. It is located on the corner of 14<sup>th</sup> and B - an area of town with a less-than-stellar reputation. The plan to have a positive influence in this area.

This is all in addition to the ongoing ministry like Freedom through Christ, Neighborhood Bible Club, Farmers Market, Block Parties, and many more. I encourage you to consider how you can be involved in any of these ministries. Please continue to pray for them, the people running them, and the people being impacted by them.

Thanks for helping expand the footprint of the kingdom.

## Opportunities To Get Involved

**Coffee and Bagels Team:** We are looking for a few more people to help on Sunday mornings with Coffee and Bagel time. In particular, we want someone to help on the 5<sup>th</sup> Sunday of the month (about 4 times a year.) Also, we need helpers on the first Sunday of the month, when we make biscuits and gravy, pancakes, etc. If interested please speak to Pastor Jeff.

**Nursery:** There is need of one more person to complete the rotation in the nursery. This includes: being to church on time to unlock the nursery, welcome people with children, engage with the kids, and keep them safe during the service. This is a commitment of once every two months. If interested please speak to Pastor Jeff.

**Audio and Video:** We are developing a team of people who run the audio and video on Sunday mornings. This includes: finalizing Power Point, adjusting sound levels, recording messages, advancing the Power Point and uploading the messages. This should be a once a month service, with a full team. If interested please speak with Pastor Jeff.

For a list of opportunities for involvement, check in the back of church in the "Want to Serve" document.



### Calendar for September 2018

1st: **Happy Birthday Nate Scharf**  
2nd: Sunday Service  
4th: 6am Prayer; 4pm Farmer's Market; 7:30pm Freedom Through Christ;  
**Happy Birthday Carolyn Gable**  
5th: 6pm Youth Group; **Happy Birthday Barbara Douglas**  
6th: 6:30pm FoodNet;  
9th: Sunday Service  
11th: 6am Prayer; 4pm Farmer's Market; 7:30pm Freedom Through Christ  
12th: 6pm Youth Group  
13th: 6:30pm FoodNet  
16th: Sunday Service; **Happy Birthday Penelope Leonard**  
18th: 6am Prayer; 4pm Farmer's Market; 7:30pm Freedom Through Christ  
19th: 6pm Youth Group; **Happy Birthday Steven Cerveny**  
20th: 6:30pm FoodNet; **Happy Birthday Conner Greenfield**  
21st: **Happy Birthday Ryder Neims**  
22nd: **Happy Birthday John Knapp**  
23rd: Sunday Service; 12:00pm Block Party; **Happy Birthday Cheryl Bangert**  
25th: 6am Prayer; 4pm Farmer's Market; 7:30pm Freedom Through Christ;  
**Happy Birthday Amanda Fuller**  
26th: 6pm Youth Group;  
**Happy Birthday Elia Heerspink**  
27th: 6:30pm FoodNet; **Happy Birthday Kelsey Hamik**  
30th: Sunday Service; **Happy Birthday Tayden Greenfield, Lisa Johnson, Diana Rogers**

*Please keep us up to date on birthdays & anniversaries! If you aren't sure that we have your information, talk to Jane Mailand or simply fill out a Welcome Card and hand it to her. In addition, if your address, phone, or email has changed, let Jane know.*

## Shape Groups

### **Solid Ground, Men's Study:**

Mondays, 7:00-8:30 p.m. in the Redeemer Bldg., 745 D St.

**(Starts September 10)**

### **Community Group:**

Tuesdays, 6:00-8:00 p.m. in the Redeemer Bldg., 745 D St.

Each session begins with a potluck.

**(Starts September 11)**

### **Connection Group:**

Thursdays, 7:00-9:00 p.m. at Keith Morrissey's home, 1750 Prospect.

Contact Keith at 402.525.4897

### **Women's Group:**

Saturday mornings at the Meadowlark Coffee Shop, 1624 South St.



## Ice, Ice Baby! September Block Party

Sunday, September 30, is our final Block Party of the year.

**Kona Ice** will be here to help us celebrate. (and who doesn't love Kona Ice?)

Our friends from Firth will be here again, grilling delicious pork for us to enjoy. Be sure to thank them for their service!

As always, this Block Party is an opportunity for everyone to use their awesome giftings and talents. Contact Pastor Jeff and let him know how you would like to help

Let's reach out to our neighbors and shine the light of Jesus by making this the best Block Party ever!

## New Church Van

Tad Stryker, Elder

Those who use our Transportation ministry will soon be blessed by an upgraded church van.

A 15-passenger, 2012 Chevy Express van is expected to arrive by mid-September. We're excited and thankful for this provision from God.

The cost of \$13,500 has been covered by generous gifts we have received over the past few years. This van has a little over 100,000 miles, but has been well maintained as part of a rental fleet in northwest Iowa.

Vehicles previously used by "F" Street Neighborhood Church will return to the Northern Lighthouse, which has graciously made them available to us the past two years.

## Opening Soon!

Melissa Loos



**Transformations Thrift Store**, at 14<sup>th</sup> B Streets

"...anyone who belongs to Christ has become a new person. The old life is gone; a new life has begun!"

(2 Corinthians 5:17)

What an incredible promise from God's Word about "transformation"...and it definitely inspired the name for the new thrift store. We long to see God's transformation take place in our neighborhood, as well as in our own hearts and lives.

The mission of Transformations Thrift Store is two-fold: Serve the community by providing clean, gently-used items at low prices, and provide opportunities to those in the community to work and grow in a healthy, Christ-centered environment.

The planned opening is for mid to late October. In preparation of store opening, volunteers are needed at all levels.

- cleaning/prepare store area
- install shelving
- painting
- donations pick up
- construct clothing racks
- sorting items
- promotion of store/fliers/door hangers

After the store opens, volunteers will be continuously needed to work in the store on a daily basis.

- sorting, sorting and more sorting!
- assisting customers
- donate baked goodies for coffee bar area
- cleaning

And of course...we need your donations. So clean out those closets!

More information will be available in the next few weeks. Contact Scott at 402-304-9093, or Melissa at 402-770-1013 for questions or to volunteer. You may also email us at loos\_8891@yahoo.com.

## ATLAS: Lincoln Launches

Brody M. Van Roekel, Resident Pastor

On August 1, we celebrated the launch of ATLAS: Lincoln. Many months of planning, dialogue, and prayer went into this day. Our Board of Directors carefully and thoughtfully guided the establishment, and worked tirelessly to see the launch through. In the midst of this process, God has been abundantly present in ways seen and unseen. The whole development has demonstrated immensely God's faithfulness and perfect timing.

ATLAS is an intentional, Christian-mentorship approach. Clients come looking to get on their feet in a number of ways. First, we connect them with stabilizing services in Lincoln like Center Pointe, The organizations. After helping needs, staff mentors at AT-volunteer mentor, who com-hour a week for a year (or tor 'walks through life' with getting to know each other, a close bond of trust and toward positive life improve-

*It is incredibly valuable to have a mentor who shows compassion in all life's hardships while also speaking difficult, but Spirit-led truths.*

Bridge, Food Net, or other clients with immediate LAS pair the client with a mits to meeting at least one hopefully more!). The menthe client: They spend time learning from one another in friendship, while moving ments. The mentor will eventually invite the client to the mentor's church. This allows the client to connect the client with a faith community and surrounds them with love, acceptance, and direction. We pray that all of our clients accept Christ as their Savior and begin walking with him.

It may take years to heal pain and escape the cycles of brokenness. Mentorship helps move that process forward. It is incredibly valuable to have a mentor who shows compassion in all life's hardships while also speaking difficult, but Spirit-led truths. Our goal is to reach the community one person at a time. One person can have a great impact. The care and guidance of one mentor can multiply to reach many others in our neighborhoods. By pairing clients with caring and active mentors, we hope to slowly reverse the effects of addiction, homelessness, mental illness, and other struggles one day at a time. With consistent meetings, accountability, hard work, trust, and Christ Jesus at the center of it all, the ATLAS approach can bring immense and lasting life change.

There are a variety of ways to get involved. ATLAS makes space for all kinds of spiritual gifts. If you, or anyone you know, would benefit from mentoring, ATLAS is welcoming clients from all walks of life who desire change in their life. The most important need we have is prayer partners. We want the Spirit working through every step we take and prayer helps make that goal a reality. We send out a monthly prayer email that you can sign up for online or by sending your email address to [atlasoflincoln@gmail.com](mailto:atlasoflincoln@gmail.com). In addition, we need people to be hands and feet in our ministry. An approach based on mentorship needs mentors. If you are considering being a volunteer mentor, you can contact Brody at [b.m.vanroekel@gmail.com](mailto:b.m.vanroekel@gmail.com) or 712.441.5403. Finally, you can give a financial donation. These donations will go to hiring a director and other staff mentors. The more people we have on the ground, the more people we can reach. Your financial gifts make that possible. If you would like to give, you can also contact Brody.

I've experienced the real and lasting change that ATLAS can provide. I received mentoring for many years, noticed my perspectives on things changing for the better, and became a Christ-follower through the process. This can happen for so many people in our community, but we need your help. The harvest is plentiful, and the workers are few. Consider being a worker today.

## Supersize the Sermon

Keith Morrissey, Elder

You managed to stay focused through most of the sermon this morning. Most of it made sense, but some parts just did not compute. Some expansion or explanation would be beneficial. Maybe some of the concepts or ideas presented conflict with what you have been taught in the past, or seem foreign to you. Would you like to go a little deeper into the subject, or get help into applying it to your life? Would you like to supersize the sermon?

If any of these apply to you, talk to Keith Morrissey. He is planning on starting a group to meet after the service on Sundays to dig a little deeper into the sermons and the scriptures. If you would like to sit down with a handful of brothers and sisters to share questions and answers along with ideas and maybe a lunch, then talk to Keith. He is looking for you, along with your suggestions on how to make this happen. So, just grab him as he wanders by or give him a call at 402-525-4897.

## Digital Prayer Share

Diana Rogers

At "F" Street Neighborhood Church, we have a new way to request prayer and pray for others, using a cell phone app.

Simply download the app for [Pray.com](http://Pray.com) and search for "**F" Street Neighborhood Church**. If you feel moved to post a prayer request, by all means we want you to share.

Keep in mind that anyone can see your post. While we love hearing from you, this is not to be used as Facebook; we want to keep it dedicated to prayer.



## New "Into the Streets" Team

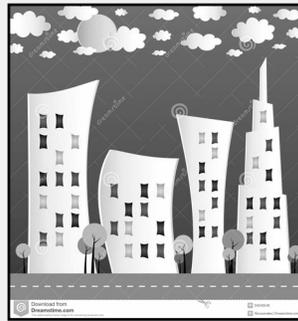
Brody M. Van Roekel, Resident Pastor

*"And Jesus said to him, 'Foxes have holes, and birds of the air have nests, but the Son of Man has nowhere to lay his head.'" Matt. 8:20.*

Jesus notes how even lowly creatures of the earth and air had homes, but not him. During Christ's time on earth, he experienced extreme poverty, going from city to city with next to nothing in worldly possessions. He knew our riches were not in the world, but in Heaven, and in a relationship with the Father. All the same, Jesus knew well the struggles of homelessness and poverty, problems that many people in our own community also face and problems the Bible tells us frequently to address. Across Lincoln, men and women understand too well the feeling of having nowhere to lay their heads.

In his book, Ron Dotzler encourages readers to, "get out of the seats and into the streets." Beginning this fall, the "Into the Streets" team will put Dotzler's idea into action. connecting relationally with the homeless and conversation, and care packages.

We will put together care packages with simple-might be struggling. Packages will also contain Church, in hope of connecting our new friends tem. The most important aspect of this team, packages provide some necessities, the human team. Building relationship and conversing with know people is one way of saying "we see you, image, we want to help people, the people God loves so much, feel dignity and worth through conversation, presence, and prayer.



This team will spend time, weekly, walking streets, neighborhood populations, while offering prayer,

necessity products, that will be given to people who contact information for "F" Street Neighborhood with a church family and a potential support system, though, will be its relational nature. While the contact and conversation is the cornerstone of this folks, asking intentional questions and getting to you matter." As we are all creations made in God's

The team is looking for willing members to get "Into the streets" with us. If you've never done something like this before, no worries! It's actually not complicated at all. If you simply enjoy talking to and connecting with people, this is a great opportunity to live out the Gospel. One need look no further than Jesus's Sermon on the Mount for justification, where Jesus preached, "Blessed are the poor in spirit...blessed are those who hunger and thirst for righteousness." This could also be a great opportunity to be stretched, growing by getting out of your comfort zone. One of the best places to follow Jesus is outside your comfort zone. Who better to connect with than people with "nowhere to lay their heads" like the Son of Man himself?

For more information, contact Brody at 712.441.5403 or [b.m.vanroekel@gmail.com](mailto:b.m.vanroekel@gmail.com)

## Parish Nurse's Corner

Barb Douglas, Parish Nurse

Hello Church family!

How was the summer? It has been very exciting here at "F" Street Church. The Farmers Market has been active every Tuesday from 4:00-7:00 p.m. There is one more month in which to enjoy the purchase of fresh locally grown produce, burgers, and hotdogs. Market will continue through September, every Tuesday. If you have not tried it, please join us in the parking lot for fun food and music. It's a great way to build those relationships we keep talking about.

I sincerely hope everyone had a nice, fun, family-friendly summer. With vacations mostly over and the kids back to school, things can get back to the regular daily routines. Remember, please, to drive safely everywhere, but especially through the marked school areas. Keep your eyes open for that precious foot traffic-that we call our children, on their way to school! The speed limits are there for everyone's protection. Thank you for paying attention and being good stewards of our city streets and sidewalks.

The Parish Nurse's office will continue to be open from 10:00-2:00 p.m. every Tuesday, Wednesday, and Thursday, here at the church. The best times to call or catch me are between those hours, right here at the church. The best number to ask for assistance or information, is the church number, 402.435.3673. There are cards with this information on the tables at the back of the sanctuary. Please take as many as you need and pass them around, if this will help people to get in touch with me, or leave messages for Pastor Jeff or Brody.

Anyone can call the church number and ask questions about the benevolence benefits here at FSNC. This ministry helps those in need of monies to help at a time of need, such as loss of a job, unplanned hospitalization, release from incarceration or treatment. It's more than just money to assist, it's also prayer, financial classes, direction for assistance in many other ways to help anyone. Please use this resource when it is needed.

On the next page are 2 very flavorful recipes, one to start your day, and one to end it on a great note.

# Recipes

## Baked French Toast Fritters with Apples and Bananas

**Nutritional information per serving:** calories 332, total fat 10 g, saturated fat 2 g, cholesterol 0 mg, sodium 374 mg, total fiber 0g, protein 14 g, carbohydrates 50 g, potassium 543 mg, vitamin A 4%, vitamin C 2%, calcium 10%, iron 15%. *Percent Daily Values are based on a 2,000 calorie diet.*

**Prep time:** 15 minutes **Cook time:** 20 minutes **Yield:** 4 servings **Serving size:** 1 fritter

### Ingredients:

#### For sandwiches:

8 slices of bread of your choice. Gluten free bread is also an option.

1/4 c. creamy nut butter of your choice

1 apple, rinsed, peeled, cored & sliced into 8 rings

2 bananas, peeled, & cut into 12 thin slices each

#### For the batter:

3 Tbsp. egg substitute (or 1 egg white)

1/4 tsp. ground cinnamon

1 Tbsp. Brown sugar

1/4 c. fat free evaporated milk

Nonstick cooking spray

### Instructions:

- 1) Preheat oven to 400 F. Place a large baking sheet in oven to preheat for about 10 minutes.
- 2) Assemble fritter as a sandwich: 1/2 Tbsp. nut butter on each slice of bread, 2 apple slices, 6 banana slices in the middle of each sandwich.
- 3) Combine ingredients for the batter and mix well.
- 4) Spray a nonstick baking sheet with cooking spray.
- 5) Dip both sides of each fritter in the batter, and place fritters on preheated baking sheet.
- 6) Bake 10 minutes on each side or until sides are golden brown. Serve immediately.



## Garden Turkey Loaf

**Nutritional information per serving:** calories 180, total fat 2 g, saturated fat 0 g, cholesterol 34 mg, sodium 368 mg, total fiber 2 g, protein 25 g, carbohydrates 17 g, potassium 406 mg, vitamin A 50%, vitamin C 15%, calcium 10%, iron 15%. *Percent Daily Values are based on a 2,000 calorie diet.*

**Prep time:** 10 minutes **Cook time:** 50-55 minutes **Yield:** 4 servings **Serving size:** 2 slices

### Ingredients:

#### For meatloaf:

2 c. assorted vegetables, chopped: such as mushrooms, zucchini, bell peppers, spinach

You may also use a blender or food chopper to grind vegetables very fine

12 oz. 99% lean ground turkey

1/2 c. bread crumbs (gluten free is an option)

1/4 c. fat free evaporated milk

1/4 tsp. ground black pepper

2 Tbsp. ketchup

1 Tbsp. Fresh chives, rinsed, dried & chopped (or 1 tsp. dried)

1 Tbsp. Fresh parsley, rinsed, dried & chopped (or 1 tsp. dried)

Nonstick cooking spray

### Instructions:

- 1) Preheat oven to 350 F.
- 2) Steam or slightly saute the assorted vegetables.
- 3) Combine vegetables & rest of the meatloaf ingredients in a large bowl, mix well.
- 4) Spray a loaf pan with cooking spray, spread the meatloaf mixture evenly in the pan.
- 5) Combine all ingredients for the glaze. Brush glaze on top of meatloaf.
- 6) Bake meatloaf in the oven for 45-50 minutes (to a medium internal temperature of 165 F.)
- 7) Let stand for 5 minutes before cutting into 8 even slices.
- 8) Serve 2 slices on each plate.

#### For glaze:

1 Tbsp. Ketchup

1 Tbsp. Honey

1 Tbsp. Dijon mustard

# Some Thoughts on Prayer

Diane Rogers

What exactly is prayer? The simple explanation is that It is a conversation with God. It should be done in such a way that pleases him; not to get us on the "A" list so that he'll do what we ask, but to really understand how to talk with God and share our concerns, fears, and pleas.

The Bible says a lot about prayer, including Jesus' instructions on how to pray (The Lord's Prayer - Matthew 6:9-13). When Jesus prayed in Gethsemane, "Yet not as I will, but as You will," he offered a marvelous but basic insight into prayer: God is in charge.

Consider this: If you, who are not so good, (Jesus' words not mine) know how to give good gifts to your children – won't God, who is good all the time, give God's best gift, the Holy Spirit, to you? (Luke 11)



# The Bible Has Words to Live By

Jeff Graham

## My Testimony, and an Invitation

On occasion, I used to joke, when I learned something new, "Yeah, I never got a copy of the book on how to live a good life," or some variation of that. It was in those moments that I always wondered how I could be this age, and still have so many gaps in basic life, or knowledge. I read. I listen to various podcasts. I don't remember most of it but at least I walk away with the flavor of what was talked about, and yet I felt lacking. And I mean lacking in a way that asks, is there a better way? Is there something more?

I spent 26 years in information technology, did okay with money, and retired at age 45, in order to pursue a different passion of property management, real estate, construction, and most of all, entrepreneurship. My wife still works a "normal" job that she enjoys, and we never choose to have children. These circumstances allowed me to make this change, and it has been fantastic!

I've been able to do much more volunteer work, for one thing. For instance, I held the treasurer position for a local non-profit company for 3 years. (When I went to school, it was accounting, construction, aviation, or information technology geek that I choose from). I took this non-profit from a mountain of debt and near bankruptcy, to no debt, and a decent amount in savings before handing over the reins to the next Treasurer, who continues to keep them out of debt and solvent.

Becoming an entrepreneur caused me to have a bit of time on the road, and doing so much repair work on my apartments, I found I had a radio turned on most of the time. Several years ago, KFOR started airing the Dave Ramsey show. I thought, Oh cool – the debt guy (anti-debt guy really). I had heard of him for many years, and really didn't know that much about him or his show. I started listening. I rapidly realized he isn't just an anti-debt guy. What he does is teach Biblical finance. What is that you might ask? Simple. The Bible has a great deal to say on just about everything. How to treat others, dealing with your health, working through vises, matters of the spirit, mar-

riage, money management, and more.

There are many people who have taught Biblical finance over the years, such as Richard Foster, Austin Pryor, Mary Hunt, Ron Blue, Donald Whitney, Larry Burkett, and yes, Dave Ramsey. One website I looked at declared that Dave Ramsey was the "granddaddy of them all." These people work to interpret the Bible and its words about money.

So, I started listening to Dave when it happened to be on. At first, that's all it was – when it happened to be on. After a while, I started seeking it out. I have never been an overly religious man, and I admit, at first, his insistence to do biblical finance annoyed me. However, he did it so well that it was not overly intrusive to the "important" stuff, so I kept listening. After about 1.5 years into this, I asked for a book of Dave's called, Financial Peace (for Christmas). I read it end to end in two days! I was hooked. I just could not get enough of this stuff, not-so-annoying Bible stuff thrown in and all.

Within a year, I asked my wife if we could take his 9-week class, Financial Peace University (FPU), and she said yes. I spent a few weeks pondering over his website, and finally made a decision. I wanted to get the FPU leadership package, and lead the class, while we took the class, at the same time. I'm an entrepreneur. I like leading. Again, she said yes, and I placed the order!

I was contacted by a wonderful person at Ramsey solutions who helped guide me through setting up my first class, and get it advertised. It was a wonderful experience to lead an FPU class. I learned so much, and the people in the class with us were awesome, and they learned life changing things about money.

During the first lesson (of 9 lessons,) I listen to Dave talk about the fact that he made so many mistakes that he had gone bankrupt. I learned that he eventually turned to his pastor for help, and his pastor started telling him what the Bible had to say about money. Dave was bankrupt and broke. He held a finance

degree, and yet, he needed a new plan. So he listened, and slowly started reading the Bible. He also started studying other Biblical authors, such as Ron Blue, and Larry Burkett. Slowly, Dave started to make changes and manage money the way God tells us to.

By this time, I had grown accustomed to the annoying Biblical messages, and even tolerated them well, as they were making a lot of sense. They really weren't so annoying any more, and in fact, I was beginning to wonder what else the Bible had to say. The next 7 classes were awesome! They were filled with Biblical wisdom, financial wisdom, delightful humor, and taught by an extraordinary man who really could weave a story, and make money, the Bible, and God understandable. Dave became an interpreter of God's words for me. He did it so well that I started to look forward to the next piece of Biblical wisdom, that was translated from Latin, Hebrew, 2000 year old – old English that no one has spoken in forever, and into the gloriously modern "hillbilly English" that even I could understand while waiting in line at the fast food joint. He was hilarious, poignant, and genuine. And so I learned, is God.

It wasn't until the 9<sup>th</sup> class, the last class of FPU, that it happened. Something truly unexpected. Jeff Heerspink, my friend and pastor, recently explained what happened in two words, "But God..."

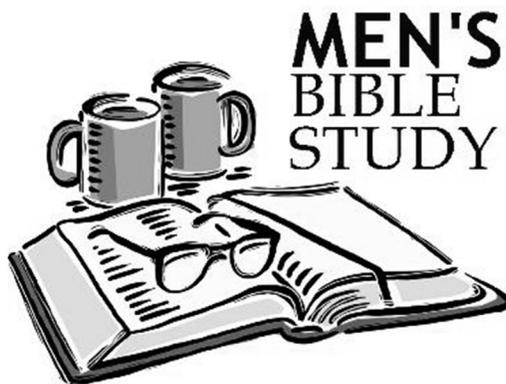
The class is called, "The Great Misunderstanding." The question Dave answers is, "Why does God have us to give?" I will not spoil the ending by telling you the answer, but when I realized the truth, in that beautifully translated hillbilly English, I cried. It was not just moving for me, it was an awakening.

Along the way, I learned that I don't own anything. It's all God's. I only manage it for him. I learned how to manage money God's way. I learned how to be content, and I learned the true nature of giving. I also learned that the book on how to live a good life, that I never got a copy of, was right in front of me the whole time. I was simply to ignorant and broken to pick it up. It's the Bible.

That last class, that single hour, changed my life forever. Eventually I found "F" Street Church, and wandered in. I loved it from the first day. I joined a men's Bible study group. I was graciously given an NLT Study Bible, and I now work through it. There is a better way. God's way.

Since that first FPU class, I have lead it many other times. It has become my ministry. I love it! I am a volunteer Financial Peace University and Legacy Journey Coordinator. I do this because it's in my heart. Over 75% of people live paycheck to paycheck. Nearly 65% of people cannot come up with \$1000 if they had an emergency. We are the richest nation on earth, and most of us are broke. Let God lead the way. Take Financial Peace University with me, and let Dave Ramsey show you what God's ways of handling money are. I now lead 9 classes per year – 3 in the fall, 3 winter, and 3 spring classes. Each 3-class seasonal classes are run in parallel, so people with children can do a "split shift," or scheduling conflicts can simple show up when they can. I created my own FPU web page. Check it out, and let's do this! God is here and waiting to show you the way, the truth, and the life.

<http://saltvalleypropertymanagement.com/fpu-legacy/default.html>



## Men's Bible Study Returns on Mondays

The weekly "Solid Ground" men's Bible study will return to Monday nights starting September 10, from 7:00- 8:30 p.m. in the Redeemer Building, 745 D Street. All men are invited.

# Lincoln School of Ministry

We are excited to be offering the Lincoln School of Ministry again this year. The first Trimester is the foundations covering Biblical Theology, church history and Old and New Testament Survey.

The new Trimester begins September 1st so all applications are due Sunday September 1. There are flyers located in the back of church and applications can also be found in the back of church or on line.

Cost is \$100 per Trimester.



# LINCOLN SCHOOL OF MINISTRY

## 2 Corinthians

In 2nd Corinthians, the paradoxes of Christ and Christian living are thrust out into the open. In Paul's second letter to the church in Corinth, the ways of apostleship are made known as the reader is refashioned in the image of God in Christ. One of the most dramatic turns in the life of the Christian that Paul talks about, is that God's power is perfected in our weaknesses. Read and behold the several other apparent contradictions that the Spirit of Christ has for the disciple who measures his ways, not by the worldly expectations, but by the fullness of Jesus made manifest in their own life.

## 1 Timothy

The first of what is known as the pastoral letters, Paul's letter to young Timothy contains the most explicit and complete instruction for church leadership and organization. 1 Timothy lays out the fact that true Christianity is shown by how the follower of Jesus lives his or her life: it can be a living testimony that illustrates the power of the gospel or the fact that the disciple has turned away from that same power to transform a person's life.

## 2 Timothy

Nearing his impending execution, Paul writes to encourage his young protégé Timothy, in his second letter, to continue in the faith of his mother and grandmother as well as to Paul's own witness, one which he had "fought the good fight." The letter highlights that suffering is a part of the Christian experience. Paul's words are to his close friend and co-worker, and they are his words to us, so that the trials we will inevitably face can be endured with the strength that comes from God and the gospel of His Son.

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29	<input type="checkbox"/> 1	5	<input type="checkbox"/> 6	12	<input type="checkbox"/> 11	19	<input type="checkbox"/> 3	26	<input type="checkbox"/> 2
30	<input type="checkbox"/> 2	6	<input type="checkbox"/> 7	14	<input type="checkbox"/> 12	20	<input type="checkbox"/> 4	27	<input type="checkbox"/> 3
31	<input type="checkbox"/> 3	7	<input type="checkbox"/> 8	15	<input type="checkbox"/> 13	21	<input type="checkbox"/> 5	28	<input type="checkbox"/> 4